

Coming Thursday: Granite's 'poet laureate'

Granite City Journal

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THIRTY-FIVE CENTS

Friends toast, finance senator

By Andy Siering

Staff writer

GRANITE CITY — More than 250 people attended a \$100-a-plate breakfast honoring state Sen. Sam M. Vadalabene on Monday morning at St. Gregory's Armenian Community Center.

Walter "Shang" Greathouse, executive director of the Metro East Sanitary District and a longtime friend of Vadalabene's, was the chairman and master of ceremonies of the event, held to raise money for Vadalabene's next campaign. About \$25,000 was raised, less expenses.

Vadalabene, 74, has represented the 56th Legislative District as its senator since 1970. He previously served two terms in the Illinois House of Representatives. He will be 75 by the March 1990 primary election.

Vadalabene was presented two awards.

Harry Briggs Jr., Madison County regional superintendent of schools, presented Vadalabene a "Friend of Education" plaque for his legislative support of education. The presentation was made on behalf of the Illinois Association of Regional Superintendents of Schools.

Briggs, noting that Monday was Columbus Day, said, "We're honoring two great Italian-Americans ... Edu-

cation will never have a better friend than Senator Sam."

Briggs noted that Vadalabene had recently cast "an important vote" on education despite his "ill health."

George Arnold of the Illinois chapter of the Rails-to-Trails Conservancy presented Vadalabene a plaque for his "outstanding legislative efforts in establishing the Illinois Bikeway Act of 1974 and Senate Bill 787 providing permanent funding for acquisition and development of future bikeways for the citizens of Illinois."

Arnold noted that Vadalabene was also responsible for the creation of the Vadalabene-Great River Road Bikeway and the Vadalabene-Madison County Nature Trail.

Many prominent Democratic politicians in Madison County were present, including state Rep. Sam Wolf of Granite City, Mayors Von Dee Cruse, John Bellico and Tyrone Echols of Granite City, Madison and Venice, and State's Attorney Bill Haine.

Vadalabene was asked what his greatest accomplishments have been during his 23 years of service in the Illinois General Assembly.

Noting that he had served under five governors, Vadalabene said, "My greatest accomplishment has been giving

(See VADALABENE, Page 8A)



Sen. Sam Vadalabene
... 'great Italian-American'

Work begins on drainage

By Andy Siering

Staff writer

GRANITE CITY — After years of waiting, ground was broken Monday at 25th Street and Namooki Drive on a \$375,000 drainage project.

The project consists of a four-acre holding pond and 6,600 feet of 12-inch sewer main. It is being funded by the Community Development agency.

City Public Works Director Brett Hanke said the project "will connect the undersize Briarcliff retention pond with the oversize Granite City retention pond, optimizing the capacity of both."

Hanke said a side benefit of the stormwater drainage project would be to make it feasible to attract federal money for reconstruction and widening of part of Pontoon Road, because the project would improve drainage of the road and relieve some of the drainage problems in the Melrose subdivision near West Pontoon Road.

"It also opens up for development the unimproved farmland between Briarcliff and this section of West Granite because it can now be drained."

Hanke said the project had "been languishing since 1984." He said that when he was appointed public works director two months ago, Mayor Von Dee Cruse told him to "get this project off the ground." So, I made it my first priority.

The creation of a full-time public works director position had been criticized by some when Cruse appointed Hanke. Hanke took the opportunity to respond to those critics.

"To those who say we don't need a public works director, this is something the public works director has done."

"It's my job to make things happen."

The general contractor for the project is C.D. Peters Construction Co. of Granite City. The plumbing subcontractor is Amco Mechanical Inc., also of Granite City.



(Photos by Buddy Bortz)

OPEN HOUSE AT LONG LAKE: National Fire Prevention Week is observed by the Long Lake Volunteer Fire Department on Sunday. At left, 4-year-old Elizabeth Balsal of Pontoon Beach poses with Smokey the Bear. Above, 4-year-old Donald Goodman of Granite City makes believe he's driving one of the department's fire trucks as his grandfather, Stan Goodman, watches. The Granite City Fire Department is having open house at all three of its stations every day this week.

Setback in efforts to save rail line

By Jason Moody

Staff writer

WASHINGTON — Efforts by Senator Paul Simon, D-Ill., to gain speedy passage of legislation that could save a rail line servicing the East St. Louis, Granite City and Chicago areas may have been derailed Friday by the objection of two presiding Republicans at a Senate hearing.

The lack of support, expressed by Senators Orrin Hatch of Utah and Charles Grassley of Iowa, makes it difficult for Simon to pass the bill in time to influence a U.S. bankruptcy

court decision that could force the Chicago, Missouri & Western Railway Co. (CM&W) to shut down.

Simon's bill aims to clarify U.S. bankruptcy law so the public's need for rail service is given equal weight with the right of creditors to begin foreclosure on their loans from a failing rail company.

Hatch and Grassley argued that such a law could set a bad precedent, adversely affecting the credit market in the railroad industry and other markets also considered vital to the public interest.

"It is in the public interest for lenders to

know, today, that if they lend money to a railroad ... (they) will be protected, and not trumped should the railroad seek reorganization under the bankruptcy code," Hatch told his colleagues before the Senate Judiciary Committee.

"Otherwise I am concerned that lenders will be very reluctant to provide loans to railroads," Hatch said.

"If we start down this road with the railroad industry, why not Eastern Airlines or the trucking industry or the steel industry?"

added William Bradford Reynolds, a former

(See RAILROAD, Page 8A)

'Extremely' toxic water in river cited

By Jason Moody

Staff writer

WASHINGTON — Two sewage treatment plants in Sauget discharge "extremely toxic" waste water into the Mississippi River in violation of federally accepted safety standards, according to the U.S. Environmental Protection Agency.

At a press conference last week, EPA Administrator William Reilly and Attorney General Dick Thornburgh cited Sauget, along with 60 other cities across the country, for "consistent violations" of a provision in the Clean Water Act requiring municipalities to control the level of industrial waste dumped into sewage systems.

The two publicly owned Sauget plants, American Bottoms Disposal and Sauget San-

tary Research Associates, collectively dump about 14 million gallons of waste water into the Mississippi per day.

In August the U.S. Department of Justice filed an amended civil complaint against the city of Sauget for failure to monitor the newly implemented pretreatment programs at its plants.

According to a "fact sheet" describing the case, Sauget has failed to "develop adequate compliance schedules for industrial dischargers ... and obtain or seek a penalty, fine, or any kind of punitive sanction from its industrial dischargers that are in violation of pretreatment standards."

The lawsuit is intended to compel Sauget to fully comply with federal requirements and to collect a civil penalty for the city's

past violations.

"These lawsuits and penalties against the cities in 21 states are designed to send a message to city and county officials," said Reilly, referring to the 61 separate legal actions. "The law requires you to control the discharge of toxic waste water from industrial sources into your sewer systems."

The EPA said more than one-third of the almost 1,500 municipal sewage treatment facilities in the United States required to have pretreatment programs may be violating at least one of the program's essential requirements.

"While the Bush administration will hold cities more accountable, federal sewer grants have steadily declined, he acknowledged.

Reviews and previews

No charge for Sunday

Some area retailers have mistakenly been charging 35 cents for copies of the new Granite City *Sunday Home Journal*, according to Joe Miller, circulation director. The Wednesday *Granite City Journal* and the *Sunday Home Journal* are both free, despite the 35-cent charge listed on the front page solely for those who wish to purchase back issues. Mark Schmersahl, assistant general manager, said merchants were apparently confused because the new Sunday paper, inaugurated three weeks ago, has a color front page. Thursday's *Press-Record* does cost 30 cents; it contains features not found in the other newspapers, including editorials, staff columns, lifestyle features and society news.

Liquor licenses may be expanded

The Granite City Council will consider Oct. 17 approving an unlimited number of package liquor licenses for businesses projected to have at least \$500,000 in gross receipts. The gross receipts would exclude the sale of gasoline, oil and liquor. The license would cost \$1,800 annually. Jim Miller, 2nd Ward alderman and chairman of the Downtown Committee, stated in a letter that the ordinance would support development while keeping liquor sales from being too widespread.

50 years ago

Thursday, Oct. 12, 1939

The Community High School's annual Homecoming will be held Oct. 18, 19, 20 and 21. The theme is to be the "Granite High Fiesta." The program will begin with a "Hollywood Review" in the auditorium and afterward there will be four sideshows and a "Coconut Grove," where students may dance.

Tip of the hat



Craig Tanksley

DeMolays' choice

Craig Tanksley is the new master councilor of the James Stuart Chapter Order of DeMolay. Tanksley, the son of Katherine Easler, is a sophomore at Granite City High School, where he is on the wrestling squad. Others elected were: William A. Ingraham, senior councilor; Clinton T. North, junior councilor; and Joseph J. Brewer, chaplain.

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Deaths

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Dennis Davis
Wesley Deering
Agnes Fehner
L. J. Fisher
Walter Kays
William R. Smith
Rev. William Reddy
Dorothy Scott

Shotgun blasts fired, three escape injury

Officers went to a mobile home in the 3700 block of Denver Street to investigate reports of shots being fired at 5:37 a.m. Saturday.

Residents of the area reported between three and five shots were heard. Officers saw a broken window at the mobile home and four spent shotgun shells were found in the yard, about 10 feet from the dwelling.

Dean L. Worthen, who lives at the address, said he and two other persons, a man and woman, were asleep in the mobile home when they were awakened by the gunfire.

All were afraid to move after hearing the shots, they told police. The occupants were unable to say who was responsible for shooting at the residence, they told police. The shotgun pellets were fired through a storm window and curtains and then struck the stove, walls, ornaments and utensils located in the living room and kitchen.

Burglary at Ravanelli's

A total of \$600 was stolen from the office at Ravanelli's Restaurant, 3 Central Plaza Shopping Center, where a burglary was reported at 7:05 a.m. Friday. A custodian found an unlocked door on the south side of the building.

Vending machine stolen

A Pepsi Cola vending machine was stolen from outside the front door at Ray's Nameoki Fina Sta-

Granite City

tion, 4170 Nameoki Road, it was reported Friday by Raymond Arthur, station owner.

Rock breaks school door

Herbert Atchison, custodian at Grigsby Junior High School, 3801 Cargill Road, reported hearing a loud crash and finding a glass door pane smashed on the south side of the building Friday. A large rock was found in the hallway.

Alcohol warrant served

Jeffrey Allen Waters, 21, of the 3900 block of Kirkpatrick Home was arrested there Friday on a Madison warrant alleging failure to appear on a charge of illegal transportation of alcohol. Police went to the residence in response to a disturbance complaint. Waters was released to a Madison officer.

More paper boxes stolen

Persons stealing newspaper vending machines continued their activities Thursday with four Post Dispatch machines valued at \$1,200 stolen and a Belleville News Democrat machine also reported missing.

Earlier in the week, four St. Louis Sun boxes were reported stolen in Granite City and one in Madison.

Elmer Miller of Granite City News Service said the Post-Dispatch vending machines were stolen from Briarcliff Drive and West Pontoon Road, from Briarhaven and Briarwood drives, from near the former Schnucks store in Crossroads Plaza Shopping Center and from the Illinois Department of Employment Service in Central Plaza, Fehling and Nameoki roads.

The News Democrat box, valued at \$200, was taken from in front of Frenchie's Bakery at 1735 Pontoon Road.

Miller later informed police that one of his machines had been recovered in a creek near old Poag Road in Madison County. A Pepsi Cola vending machine was found near Poag Road, Capt. Robert Hertz of the Madison County Sheriff's Department said Friday. He had also learned that several newspaper vending machines were seen in a pond nearby, Hertz said.

Battery, resisting arrest, conduct charges filed

Following a disturbance at Goldie's Tavern, 1800 State St., at 9:20 p.m. Thursday, Joseph William Burgoon, 25, of the 2500 block of Madison Avenue was arrested and booked on charges of resisting arrest, battery and disorderly conduct.

A patrol told police that the suspect was bothering a woman customer at the bar and made an

obscene remark to her. The woman threw a drink at Burgoon, who had allegedly begun unzipping his clothing.

The suspect then threw his glass at the woman, with the contents splattering several patrons, it was contended.

Ron Goforth, owner of the tavern, advised Burgoon to leave after the incident took place, but the man pushed him, he told police.

When officers arrived, Burgoon still refused to leave and had to be physically removed from the premises, authorities alleged.

After being told to put his hands in the bed of his pickup truck, Burgoon allegedly refused, continued to argue with officers and struggled to avoid being handcuffed. He allegedly refused to get into a squad car and was placed in the car.

At police headquarters, Burgoon posted \$256 bail.

Accident injures two

Two persons sustained minor injuries in a traffic accident occurring at 7:40 p.m. Thursday on Fehling Road about 300 feet west of Nameoki Road.

Shireen R. Richards, 36, of the 3100 block of Fehling Road said she stopped, preparing to turn left into the Central Bank parking lot, when her pickup truck was struck from the rear by a sedan operated by Carleen S. Lee, 65, of the 3100 block of West Chain of Rocks

Road. Lee said the road was wet when she tried to stop and her car slid against the other vehicle. She was charged with failure to reduce speed to avoid an accident.

Richards and a passenger in her truck, Dustin A. Richards, 13, of the Fehling Road address sustained injuries but declined immediate medical attention.

Guitar amplifier gone

A guitar amplifier valued at \$280 was taken in a burglary at the

apartment of Joseph T. Pertee in the 1200 block of 22nd Street, he reported Wednesday.

License warrant served

John William Holik, 44, of the 1600 block of Cleveland Boulevard was arrested there Thursday on a warrant alleging failure to appear on a charge of driving while his license was revoked. He posted \$152 bail and was released pending a hearing.

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Court says grocery owes \$55,000 to paper chain

By Matt Hall

Staff writer

A federal appeals court has upheld a \$55,000 judgment won by the Suburban Newspapers of Greater St. Louis Inc., publishers of the Suburban Journals, against the Kroger Co. last year.

Suburban Newspapers sued Kroger in December 1986 for breach of contract shortly

after Kroger decided to close all of its St. Louis-area retail stores and suspend advertising.

The Journals claimed that the advertising contract with Kroger required payment of \$55,487.

Kroger refused to pay and claimed that a clause in the contract shielded it from honoring the full terms of the contract if the gro-

cery chain's stores closed for reasons "beyond its reasonable control."

U.S. District Court Judge Stephen N. Limbaugh ruled against Kroger last September.

A three-judge panel of the 8th U.S. Circuit Court of Appeals agreed with Limbaugh on Oct. 5 that Kroger had control over the closing of its St. Louis operations and was not protected by the contract closings clause.

Four at St. Louis nursing home indicted

By Matt Hall

Staff writer

ST. LOUIS — A west county doctor and three former employees of the now-defunct Villa Capri Nursing Home in Maryland Heights were indicted Thursday on felony charges of neglecting as many as six former patients at the home.

The grand jury returned four neglect counts against Dr. Gopal K. Nayyar, of Town & Country. Nayyar was the attending physician for four of the patients, said St. Louis County Prosecuting Attorney George R. "Buz" Westfall.

The patients developed bedsores—bone-deep open wounds in some cases—while staying at the home, 2920 Fee Fee Road, in 1986 and 1987, authorities claim. Authorities said none of the six died as a result of the alleged neglect.

Nayyar, 49, of the 1000 block of Arlington Oaks Terrace, declined to comment Thursday, but his attorney, Arthur S. Margulis, said the doctor denies the allegations.

"We anticipate to voluntarily surrender the doctor Monday morning, and we plan to enter a plea of not guilty (at Nayyar's arraignment)," Margulis said.

The alleged patient neglect occurred between February 1986 and June 1987, when Villa Capri was owned by a subsidiary of Beverly Enterprises Inc. of Pasadena, Calif., the nation's largest nursing home operator.

Three former Beverly employees were indicted on six counts of neglect. They are:

• Robert M. Taggart, 49, of the 2900 block of Willowrest Lane in Spanish Lake. He was Beverly

ly's regional director of area nursing homes

• Villa Capri administrator Joan P. LeGage, 55, of the 600 block of South Station Road in Edwardsville.

• Villa Capri director of nursing Valery L. Moss, 43, now of Minier, Ill., south of Peoria.

None of the former employees could be reached for comment.

Bond was set at \$10,000 for each. All are expected to surrender to authorities voluntarily, Westfall said.

The felony neglect charges—officially called neglect of a resident of a facility—carry a maximum penalty of five years in prison and a maximum fine of \$1,000 for each count.

Westfall announced last week that he decided to forego pursuing criminal charges against Beverly as a corporation after the company agreed to a \$1 million settlement.

The most the company could have been fined if successfully prosecuted on neglect charges would have been \$60,000, but a conviction could have threatened the company's license to operate its 50 nursing homes in the state, including three in the St. Louis area.

"My goal in the case was to hurt the corporation financially," Westfall said. "I hope to put these people in jail and send out a clear message that if you don't do the job and we find out about it we will put those individuals responsible in jail."

Several civil lawsuits still are pending against Beverly stemming from the care of patients at Villa Capri. The Missouri Department of Social Services is seeking \$650,000 in its suit.

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Saturday 9-5
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Thursday 9-9

Briefly

Chouteau tree limb pickups set

Robert J. Morris, Chouteau Township highway commissioner, is informing all residents that at the convenience of the highway department it will pick up limbs when a tree is trimmed by the owner.

Trees cut down will not be picked up, and no limbs over 7 inches in diameter will be accepted at the Chain of Rocks landfill.

Workshop on balancing life

The Social Service Network of Madison County will sponsor a workshop Oct. 20 on "Working on a Balanced Life — Juggling." The workshop will focus on how to maintain a balance and avoid tension, anxiety, confusion and chaos.

Jeri Pilarski, coordinator of advising at Webster University, will present a program on how to balance lives by working through a carefully planned "juggling act."

The workshop will be held on Friday, Oct. 20, from 9:30 a.m. to 1:30 p.m. at Jerry's Cafeteria, 1920 Edison Ave., Granite City. The fee is \$15, including lunch. It is open to any interested person.

To register, persons may make a check payable to Social Service Network and mail it to: Lillian Douglas, Coordinated Youth Services, 1254 Niedringhaus Ave., Granite City 62040 by Oct. 17.

Columbus noted in speech

Columbus Day 1989 was commemorated with a special address by Virgil C. Dechant, head of the international Knights of Columbus, the fraternal order named for the explorer who discovered North America.

Charles Schnefke, leader of Tri-City Knights of Columbus Council 1098 in Granite City, said the address was aired on cable television channel 18 on Monday. Dechant discussed "the legacy that Columbus, his faith and his voyage passed on to us today."

Snefke said, "Columbus brought faith and Christian ideals to an unknown land. In today's uncertain times we need to recognize the importance of what he did and how we can learn from his example."

Choosing employees topic

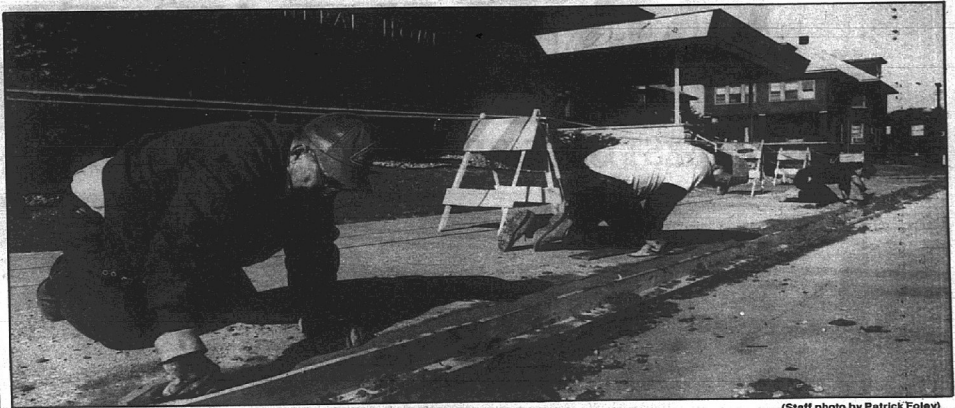
"Choosing the Right Employees While Properly Complying" will be the topic of discussion at a breakfast meeting of the RCGA Southwestern Illinois Area Small Business Council on Tuesday, Oct. 17, at 7:30 a.m. at the Holiday Inn, Interstate 70 and Illinois 157 in Collinsville.

The RCGA is the Regional Commerce and Growth Association, based in St. Louis.

Speakers will be: John Unker, of Alton Employment Security; Donna Niehoff, of Niehoff-McHugh Communications; and Joan Pynes, Ph.D., Southern Illinois University at Edwardsville.

They will share their expertise in the following areas: the application form; the interview; and the hiring decision.

Reservations are required for the meeting. The cost is \$10 for RCGA members and \$15 for non-members. For more information, Stephanie Flanders can be called at (314) 444-1144.



GUTTER WORK: Members of the Granite City Street Department replace curbs and gutters along a stretch of 21st Street between Cleveland Boulevard and Benton Street last week.

From left are Glenn Romine, Wayne Angle and Mark Whitaker. Oiling and chipping of streets in the city is scheduled for this week and next week.

Sommer heads Scott Madison County panel

Richard B. Sommer, vice president and senior trust officer at the Bank of Edwardsville, has volunteered to serve as the Madison County membership and finance chairman for the Citizens' Committee for Scott Joint Use.

As chairman of this committee, Sommer will take the lead in increasing membership and raising funds in Madison County to promote the joint civilian-military use of Scott Air Force Base, Belleville.

The Citizens' Committee is promoting the joint-use effort in eight-counties, including Madison, St. Clair, Bond, Randolph, Clinton, Montgomery, Monroe and Washington.

He will coordinate with businesses and people throughout Madison County to raise funds to educate and promote joint use of Scott as a civilian airport.

Sommer feels that "implementation of the Scott joint use plan will benefit the entire Metro East and St. Louis area."

He added, "From the early benefits of construction jobs to the continued employment opportunities for our children and grandchildren, Scott joint use is an excellent idea whose time has come."

Sommer spent his childhood in Waterloo and later entered the Air Force Aviation Cadets.

He acquired three aeronautical ratings — bombardier, navigator and pilot — during seven years of active duty. He then served with the Missouri Air National Guard, for which he flew fighter airplanes out of Lambert Airport and retired as a lieutenant colonel.

A commercial pilot, Sommer has instructed in flying at Lambert, at the St. Louis Regional Airport at Bethalto, and at the Scott Air Force Base Aero Club.

Sommer holds a degree in business administration from the University of Nebraska and he completed the National Graduate Trust School at Northwestern University and the Stonier Grad-

uate School of Banking at Rutgers University.

He is a past president of the Edwardsville/Glen Carbon Chamber of Commerce and past chairman of the Illinois Bankers Association Trust and Investment School Board of Trustees.

Speakers' bureau and petition drive chairmen are yet to be named in Madison County.

For more information, persons may write the Citizens' Committee for Scott Joint Use, P.O. Box 8166, Belleville, Ill. 62222 or call 233-6689.

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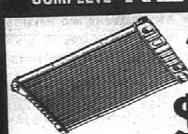


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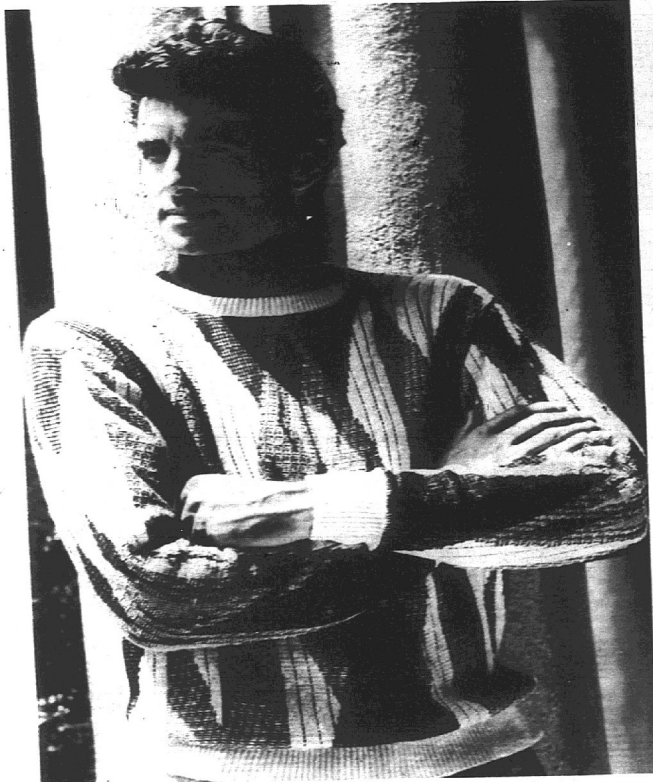
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ANNIVERSARY SALE

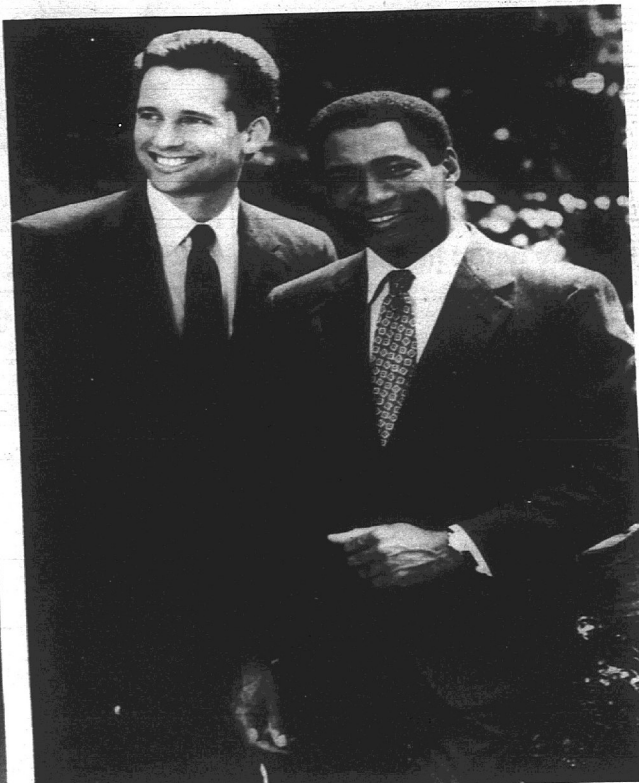
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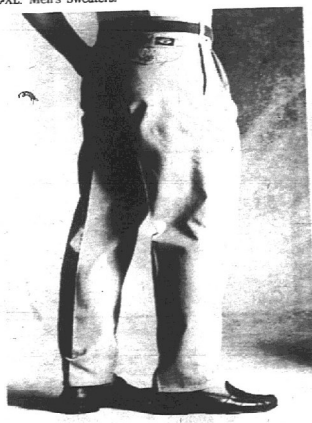
Save on a selection of fine tailored clothing from Bill Blass, Racquet Club, Cricketeer and others. Suits, reg. 235.00-425.00, now \$176.25-\$318.75; sportcoats, reg. 185.00-395.00, now \$138.75-\$296.25; dress slacks, reg. 50.00-115.00, \$37.50-\$86.25. 38-46R, 40-46L. Men's Tailored Clothing.



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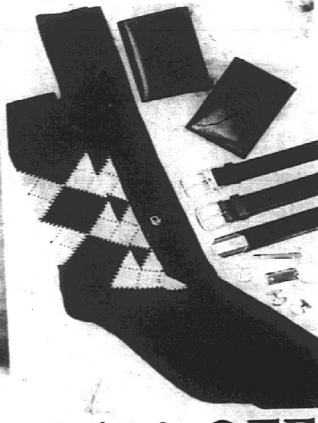
Reg. 220.00, now \$176. Genuine distressed lambskin gives this bomber a rugged look. Cotton lining with double front pockets in sizes 40-46R. Men's Leather Jackets.



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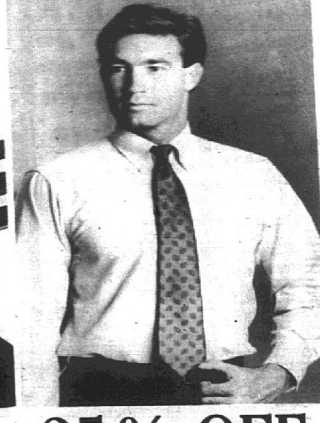
Reg. 28.00, now \$21. A great price on your favorite pants. The relaxed fit and classic design take you through fall in style. In plain or pleated front, seasonal colors. Sizes 30-42.



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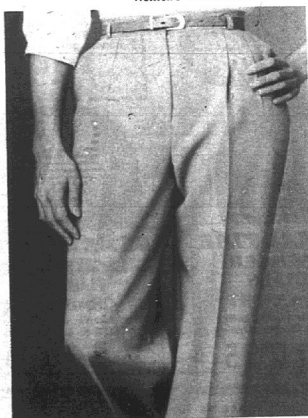
Orig. 70.00-160.00, now \$52.50-\$120. Save on many styles in seasonal fabrics, colors and silhouettes from noted makers including Non Stop, Connections, Adrianna Papell, Leslie Lucks, Act 1, Expo and others. Misses 4-16, Petites 4-14, Women's 14-24. Dresses.



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Orig. 52.00-176.00, now \$34.84-\$117.92. Expand your fall wardrobe with the latest clubhouse fashions from your favorite makers. Choose from wool jackets and skirts, two-piece dressing, novelty blouses and more. Sizes 6-16. Clubhouse.



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Orig. 42.00-69.00, now \$28.12-\$46.23. Choose from great sweaters and shirts with matching corduroy pants, skirts, jumpers and novelty jackets in fall colors. Sizes 8-18 and S-XL. Sportswear.



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The fully lined one-button suit jacket, orig. 155.00, now \$103.85; matching belted slim skirt, orig. 100.00, now \$67. Both of pure wool in eggplant, Rayon print blouse, orig. 72.00, now \$48.24. Sizes 6-14. Clubhouse.

Shop today 10:00 a.m.-9:30 p.m.; shop St. Louis Centre 10:00 a.m.-6:00 p.m.

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Study shows children lack mental services

Thousands of Illinois children and adolescents are deprived of vital community mental health services because basic assistance simply does not exist in many areas of the state, according to a 10-month study by the Coalition for Child Mental Health Services in Illinois, a group of mental health advocates and public sector agencies throughout Illinois.

According to the initiator of the study, Jerome L. Blakemore, program director of the Mental Health Association in Illinois, "Responsibility for the current state of mental health services to children and adolescents must be shared by both the state and local communities."

"Although children and adolescents comprise approximately one-fifth of the citizenry in the community, the Department of Mental Health and Developmental Disabilities, the state agency chiefly responsible for providing mental health services, allocates only 10 percent of its budget to this population," states Diane Goodson, Ph.D., board member for the Illinois Association of Community Mental Health Agencies.

A significant finding of the report is that many communities have no mechanism for planning or coordinating mental health care.

To Beverly Cooper, a member of the Alliance for the Mentally Ill for Greater Chicago, the findings of this survey only serve to underscore what families have always known. "While the needs

of children, adolescents and their families are obvious, not enough is being done to develop and coordinate their care. It is our hope that this report will help to alert policy makers, local officials and state legislators that they must begin to provide for the mental health needs of their communities."

In summarizing the report, Robert Skoczi, ACSW, coordinator of Child and Adolescent Services for the Mental Health Division of the DuPage County Health Department, concludes that "there are many gaps in community and home-based mental health services throughout Illinois. Families, local providers and the governmental departments that fund mental health services for emotionally disturbed youth, need to join forces at the local level."

While the coalition is currently developing a special legislative agenda designed to address specific mental health needs of Illinois children and adolescents, it views as its primary goal the creation of mental health services geared toward the individual needs of each community in Illinois.

For a customized work sheet to assist in identifying the needs of your community or for a copy of the official report on Mental Health Services for Children and Adolescents, contact The Coalition for Child Mental Health Services in Illinois at The Mental Health Association in Illinois, (312) 958-0698.

Derrs announce birth of son

Mr. and Mrs. John (Sherry) Derr of Granite City are announcing the birth of their son, born Sept. 22, at Alton Memorial Hospital. The infant was named Jeremy Russell and weighed 7 pounds, 10 ounces. The Derrs have another son, Joseph, 5.

Maternal grandmother is Betty Hamilton of Granite City and paternal grandparents are Roger Derr of Wilmington, Del., and Ollie Derr of Granite City. Great-grandmother is DeKona Harrison of Granite City.

Mrs. Derr is the former Sherry Hamilton.

Butterfly club travels to lunch

The Butterfly club recently had lunch at Pere Marquette Lodge in Gratton and later met at the home of Ilene Willis for dessert and an afternoon of noogie. Mrs. Willis presented to each member a bracelet memento from her recent trip to Hollywood, Calif.

Prizes were awarded to Harriet Hoff, Lorraine McIlvoy, Mary Lou Claussen and Nell Talley. Katie Housen won the honors prize. Other members present were Thelma Schmidt, Juanita Rosenburg, Hazel Reed and Edith Ryan. McIlvoy will host the next meeting.

GC Auxiliary members go to state conference

Eagle Auxiliary State Conference was held in Lincoln, Ill. on Sept. 8, 9, and 10th. Attending from Granite City Auxiliary 122 were State At-Large, Chairman Angie Buehler, Ruth Jorgensen and Vincine Zerlan.

On Friday night, Sept. 8th, registration was held. After this dinner was served, Bingo was also held on Friday night. On Saturday morning the executive board held their meeting. Plans were discussed for the Eagle Convention to be held in Springfield, Ill. in June 1990. Past State President Stephanie Smith gave her financial report for her convention held in Moline in June of 1989. At the afternoon session the project chairman spoke. After this there were work shops on

membership, secretaries, auditor and ritual. The guest speaker at the afternoon session was Grand Madam Outside Guard Lorraine Grimes of Sikeston, Mo.

Special guest at the afternoon session was Past State Greg-gart of Flora, Illinois.

A banquet was held in the evening. State President Sharon DeHeve of Springfield introduced her officers and state chairmen. Aerie Worthing State President Chris Kubatzke of Freeport introduced his line officers and state chairmen and also State Past President Charles Landfried. Dancing followed the dinner.

Scout Pack 15 presents awards

Cub Scout 15 sponsored by Eagles Aeris 122 had its September Pack Meeting in the Eagles Hall. Cub Master Rich Ahlers asked Dens 3 and 4 to present the Colors. Ahlers extended a welcome to new Tiger and Cub Scouts and parents were greeted. Ahlers announced the Nov. 16 Pack meeting will have a Thanksgiving theme. All Dens should present with songs and skits projects. Ahlers presented summertime Pack Awards.

Awards went to: Den 2: Robert Shipley, David Svezia, Ty Shure, Mark Moulton, Chris Nann, Chris La Peire, Robbie Henderson, David Doolen.

Den 3: Jeff and John Ahlers, Justin Brinkmeyer, Keith Harris, Brad Hutchings, Ryan Moenster, Ross Dedelack, and Cory Simpson.

Den 4: Ian Collins, Steven Graham, Ryan Sedelack, Andy Swans, Matt Valle and Chris Stephens.

Den 5: Fred Sam Soucie, Jason Forngson, Rich Putnick and Eric Smith.

Den 7: Brett Downs, Kenny Horod, John Halwachs, and Doug Mueller.

Den 8: Todd Ahlers, Tony Broyles, Derrick French, and Mike Settemo. Adult Leader Resident Camp Patches were given to: Rich Ahlers, Jim Ahlers, and Bob Sedelack.

Den 2: one-year pins: David Doolen, Chris La Peire, Mark Moulton, Ty Shure, Robert Shipley.

Den 3: Bob Cat Badges: Pat Copeland, David Svezia, Chris La Peire and David Doolen, Mark Moulton and Ty Shure.

Basketball Beltloops: Den 3: Chris La Peire, Ty Shure and Robert Shipley.

Swimming Beltloops: Den 3: Chris La Peire, David Doolen, Robert Shipley, and Ty Shure.

Webelos Resident Camp Leaders Patches 1989: Den 7: Chuck Stokes and Chuck Downs, Den 6: Fred Sam Soucie, and Dale Forngson. Den 4: John Valle and John Halwachs, and Darla Bay-

Webelos Leader Patch was given to John Valle of Den 4.

In Den 6 Rich Putnick received his Webelos Badge and Athletic Pin.

Unit 88 and Stash The Trash Badges were presented to all leaders.

The Colors were retired by Dens 2 and 4. Refreshments were served by Den 8.

The Oct. 19 Pack Meeting at 7 p.m. will have a Halloween theme.

Ex-reform school head knows why kids go bad



Jane Cosby

At some point in the process of raising children, every parent probably has wondered how he or she is doing.

Since the results of a parent's endeavors may be years away from fruition, it is very difficult to judge whether one's actions are right or proper.

E. Kent Hayes has written a book to advise parents on the proper paths to raising children.

His book is "Why Good Parents Have Bad Kids," (\$16.95) Doubleday.

The author is co-director of the National Menninger Youth Advocacy Project, a nationwide program that places troubled children in family-care homes.

He is a juvenile criminologist who began his career as a probation officer and worked as a superintendent of a reform school.

The author's work with delinquent children and his experiences with his own five children have led him to form strong beliefs about parenting, families and the needs of children.

Hayes outlines his 13 theses in an excellent conversational tone, peppered with anecdotes guaranteed to make even the most competent parent squirm nervously.

Here are the requirements of good parenting, according to Hayes.

"Good parenting is not a natural process; it is learned. It requires all the time, talent and energy of a full-time job."

"Good parents instill the value of delayed gratification. When parents give to their children indiscriminately, the children believe that things, comfort and entertainment are theirs for the asking. It teaches them to be selfish and self-centered."

"Good parents provide structure. When parents provide appropriate guidelines, children will develop self-discipline."

"Good parents become actively involved in their child's interests. A secure family is a complicated structure bonded together by shared experiences. It is imperative that parents and activities to enjoy with their child."

"Good parents work hard to communicate with their children."

"Good parents learn to discipline. They establish rules, state them in simple terms, and when the rule is violated, determine the punishment."

"Good parents focus on positive behavior to create a good self-image in their child. Children decide who they are and what they are worth by the reactions of the people around them."

"Good parents like themselves and know how to laugh. They have a healthy respect for themselves and know how to interrelate with other people."

"Successful kids come from nurturing homes. Nurture is the spiritual quality in parenting. It is the instinct to comfort, soothe, touch, kiss, to provide emotional security to a child."

"The first and most important teachers in a child's life are his or her parents. It is the parents' responsibility to design the 'curriculum' of the child's education, including academics, social skills and physical needs to prepare the child for the world he or she will live in."

"Good parents teach their children the joy of being part of a larger community. Children must be taught their place in the larger community and that the maintenance of that community is their responsibility."

"Parents should learn the facts about substance abuse to help their child avoid it."

"Husbands and wives who do not love each other produce disturbed kids. Children thrive in homes where the parents love each other and are destroyed in homes where the only bond is mutual hate and distrust."

"Why Good Parents Have Bad Kids" can be ordered through B. Dalton Booksellers.

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Senate votes to protect flag; amendment uncertain

By Edward T. Hearn
Staff writer

WASHINGTON — U.S. Sen. Alan Dixon, D-Ill., said the top Senate vote Thursday for a law to protect the American flag wouldn't help the effort to pass a constitutional amendment designed to do the same thing.

Dixon, cosponsoring the flag amendment with Senate Minority Leader Robert Dole of Kansas, would need 67 votes to gain Senate approval, a two-thirds margin that all amendments require.

"I think a lot of people who voted for the statute will not vote for the constitutional amendment," Dixon said. "I

think it will be very hard to get the 67 votes."

Dixon's comments came after the Senate voted 91-9 Thursday to pass a flag protection bill that was nearly identical to the statute the House overwhelmingly approved last month.

Because the Senate plan proposed by U.S. Sen. Joseph Biden, D-Del., included a few changes in wording, the measure was returned to the House for consideration.

Both the House and Senate have also agreed to vote this month on a constitutional amendment that would outlaw the desecration of the American

flag. President George Bush supports the amendment, not the statute.

House Minority Leader Robert H. Michel, R-Peoria, has introduced the flag-protection amendment in the House. He voted against the statute in the House, although the measure carried 380-38.

The effort to protect the flag began when the U.S. Supreme Court ruled in June that a New York City man was within his constitutional rights when he torched an American flag during a 1984 protest in Dallas.

While many, including Michel and Dixon, suggested the amend-

ment as the only true remedy to overturning the case, other lawmakers complained that the amendment was treading on fundamental rights and that a statute was sufficient to safeguard the flag.

"The Supreme Court made a misjudgment but we should not correct that misjudgment by reacting in a way that does harm to the U.S. Constitution," said U.S. Sen. Paul Simon, D-Ill., who voted for the statute Thursday.

"Before we tinker with James Madison's handiwork on the Bill of Rights, we ought to try to solve the problem by changing

the law and that's what our vote today attempts to do," Simon added.

Dixon said he was encouraged by the Senate vote, and yet he repeated his view that the statute would have trouble being upheld by the high court no matter how carefully it was written.

"I think it's an indication that

most people want to do something against desecration," Dixon said.

"I have some reservations about whether it will get the job done. In view of the U.S. Supreme Court decision, I doubt whether any statute gets the job done."

GOP may target Costello's seat again

By Jason Moody
Staff writer

WASHINGTON — Rep. Jerry Costello appears to be on a Republican target list of potentially vulnerable candidates in the 1990 election.

Hours after the House voted to approve the controversial capital gains tax cut, operatives at the National Republican Congressional Committee sent out specialized press releases about those "tax-to-the-max Democrats" who voted against the Bush-initiated plan.

Costello, a Belleville Democrat, was included on a short list of House Democrats targeted by NRCC for his vote in favor of the Democratic alternative to the capital gains measure, a proposal which would have raised taxes for the wealthy and restored deductions for individual Retirement Accounts.

Although 189 Democrats voted in favor of this plan, the NRCC targeted only 30 for the press releases — members of Congress deemed vulnerable in the 1990 election cycle.

"Jerry Costello and the other tax-to-the-max Democrats decided to turn their back on the president and their constituents in support of a tax increase," NRCC co-chairman Ed Rollins was quoted as saying in the release.

Maybe the voters in the 21st District of Illinois need to remind Costello that it's their fight, too, and they're tired of his answer to everything: raise taxes. Thank heavens he failed.

Although every Democrat in the Illinois delegation voted against the capital gains tax cut,

Almost one in four adult Americans has high blood pressure, according to the American Heart Association.

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only two other representatives were targeted by the specialized press release — Rep. Frank Annunzio, D-Chicago, and Rep. George Sangmeister, D-Mokena.

Rep. Richard Gephardt, D-Mo., who played a leadership role in opposition to the capital gains tax cut, also was on the target list. He is the House majority leader.

Dan Leonard, a spokesman for NRCC, said the Republican campaign organization used district profiles and vote margins in previous elections to determine who would be targeted by the releases.

Costello aide Brian Lott said he didn't think the release indicated the Republican Party had chosen Costello's seat as a target for 1990.

"It doesn't cost a lot of money to send a press release," Lott said. "All you need is a piece of paper and a fax machine."

But Dan Leonard wouldn't deny that Costello may be on the Republican target list. "We are

definitely keeping a file on Costello," he said.

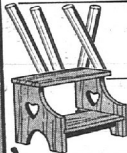
Costello was elected in August 1988 and won a full two-year term in November 1988. He succeeded the late Rep. Melvin Price, who served for more than 43 years as the Metro East member of Congress.

Republicans mounted a massive effort to defeat him, but Costello was able to raise more funds than his opponent, Robert Gaffner, R-Greenville, and outspent Gaffner by a wide margin.

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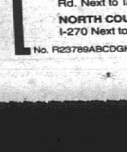
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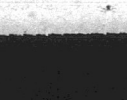
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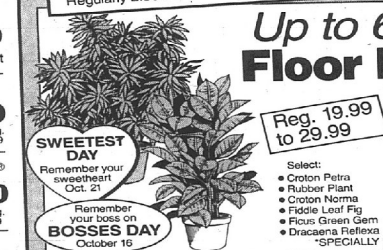
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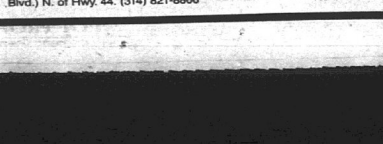
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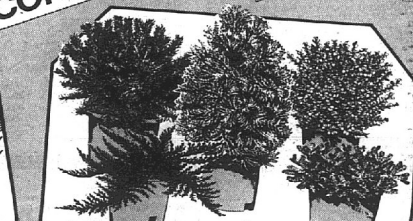
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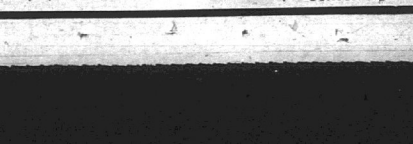
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Mounds museum dedicated; more visitors expected

By Ed Gurney
Staff writer

Now that the \$8.2 million Cahokia Mounds museum and interpretive center has had its grand opening and dedication, staff members and volunteers have the pleasant dilemma of how to accommodate the hordes of people who are expected to visit.

Gov. James Thompson helped dedicate the facility Thursday. It is south of U.S. Business 40, across from Monks Mound.

An estimated 25,000 people attended the grand opening Sept. 23-24, and 1,000 people have been visiting on weekend days, site interpreter Bill Isenhardt said. Bob Coomer of the Illinois Historic Preservation Agency thinks the number of visitors will reach 1 million per year. Compare that to the 80,000 to 100,000 per year that went through the decrepit old museum before it was torn down last December.

The parking lot of the new interpretive center holds only 150 vehicles, and that has Site Superintendent Margaret Brown

somewhat worried. "Parking will be a problem," she said. But there are no plans to seek more money at this time for additional parking, she said.

Visitors can be shuttled to the site from the old Falcon Drive-In property for special events, Brown said.

Thompson did not rule out additional appropriations for the facility, but he told reporters, "We need to give the center a chance to get up and running before we consider more requests for money."

Getting money through the General Assembly to build the interpretive center and finish the exhibits took years.

The impetus came nearly seven years ago when an arm of the United Nations made Cahokia Mounds only the 10th United States site to be placed on the prestigious World Heritage List.

The value of increasing the number of visitors was one of the themes of Thompson's speech Thursday before several hundred people at the dedication.

Tourism is the state's number

one industry, Thompson said. Helping the economy is one of the purposes of the interpretive center, he said.

Thompson also stressed the importance of preserving the history of Cahokia Mounds and the state.

Julie Cellini, chairman of the Illinois Historic Preservation Agency board, praised Thompson as "the best friend prehistory ever had."

Thompson prompted creation of the agency five years ago and has fought for historic preservation projects at a time of funding difficulties in the state, she said.

Thompson praised the people who worked for the project. Some of them were in attendance.

One who wasn't was Anne Lew Williams, a Collinsville woman who had helped convince the state to acquire the first 144 acres at the site in 1924.

Williams, who had been in attendance at groundbreaking ceremonies in July 1986, died last winter.

Michael Devine, director of the Historic Preservation Agen-

cy, was master of ceremonies Thursday.

Also speaking was Bernard Birger of Collinsville, a member of the Illinois Capital Development Board, which was involved in the construction project, and Gary Skoien, director of the board.

Skoien introduced a number of officials, including local architects Cal Morris and David Oates and general contractor Ralph Korte.

Thompson and Cellini unveiled a bronze dedication plaque. Afterward, Evelyn Voelker of Millstadt, director of the American Indian Center in St. Louis, and her daughter, Kateri Bailey of Smithton, performed a traditional Indian blessing.

The ceremony included the burning of incense. Smoke from the incense was fanned by Voelker at Thompson and other dignitaries. Voelker also presented Thompson with an Indian blanket, which she put around his shoulders.

After a brief press conference Thompson watched a multi-media presentation in the theater

that is meant as an introduction to the historic site. Schoolchildren from Waterloo, Belleville and Webster Groves, Mo., were invited to watch the production with the governor.

Thompson then toured the museum exhibits. The exhibits include a full-scale walk-through

diorama of a Cahokian urban neighborhood, including huts, Indian figures and realistic environment. Black-mirrored walls multiply and extend the image.

The interpretive center totals 33,000 square feet. It is open from 9 a.m. to 6 p.m. daily. There is no admission charge.

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"These are youngsters whose biological parents, for many reasons, are unable to care for them. Some children may have been abandoned, others neglected or abused. Until their problems are resolved, they need foster care. They need foster parents who will give them the advantage of a warm and secure home environment."

DCFS said there is need for additional homes for teen-agers as well as sibling groups. This paper periodically presents profiles of children who are in need of foster care.

Following is one of those profiles:

Jane is a 15-year-old with long, blonde hair and brown eyes. She is a likeable girl who easily establishes

relationships. Jane enjoys attending sporting events with her classmates, dating and visiting with friends. She attends special classes and requires some help and support in school.

The teen needs a strong, supportive foster family. Jane was removed from her biological home after she became a target of abuse by her parents. Currently, she is living in a children's home. Jane has a lot of potential but needs the care and concern foster parents can provide. A single foster mother would be appropriate for her.

DCFS provides a monthly board payment to help cover the basic expenses of caring for a child. Medical, dental and other special expenses are also paid by the state.

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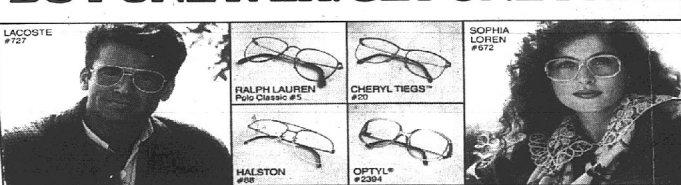
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Junior Bills are champions again

MVP Bannister scores for 1-0 win over CBC

By Dave Whaley
Executive sports editor

GRANITE CITY — Ebbie Dunn said his St. Louis U. High Junior Bills and the CBC Cadets had seen each other so much that they were on a first-name basis. One first name the Cadets won't forget is Jeff.

That's as in Jeff Bannister, the Junior Bills' junior forward. Dunn said before Saturday night's title game of the Pepsi-Cola/Granite City High School/Patrick Tournament of Champions that Bannister was the best forward in the area.

He did nothing to change that opinion by scoring the lone goal in a 1-0 SLUH victory which gave the Junior Bills the tournament title. In the process, Bannister became the first junior ever to be named the tournament's most valuable player, while SLUH won the tournament for the second time. The Junior Bills had previously won the tournament in 1986.

"It feels good," said Bannister. "We played well all over the field, which you have to do against CBC."

Bannister got the winner at 87:30 on an assist from Jim Ossola, who made a crossing pass from the right corner. Bannister outreached a CBC defender and beat Cadet keeper Ed Canavan with a shot into the upper right corner.

"I need a prayer right now," said Dunn as his players called for him to join them in prayer minutes after the final horn sounded. "That's why Jeff is the best forward in the area. He made the play when we needed it. And then he prayed towards him from any of our seniors."

CBC came into the tournament the No. 1 team in the area. But the Cadets lost their opener to Chamaine before bouncing back all the way to the title game. They had beaten the Junior Bills twice by 2-0 scores earlier this year. But SLUH gained revenge for a 5-2 loss to CBC in last year's Tournament of Champions title game. It was the first title game rematch in tournament history.

The Junior Bills joined Vianney as the only two-time winners of the event, while the Cadets were denied a chance to become the tournament's first back-to-back winner. It was CBC's third straight appearance in the championship game, having lost to Vianney in 1987.

"If you let CBC set up, they will kill you," said Dunn. "Year in and year out, Terry (Michler) has one of the best passing games in the country, and certainly the best in the area. In hockey, they call it forechecking, but the object is to put pressure on them in their end of the field before they can get going."

The Cadets were able to hold the edge in play in the third quarter as Bill Bamhoff, Chris Santel and Tom Edgar were dangerous. But they couldn't finish anything against a determined SLUH defense.

After Bannister's goal, the Junior Bills were sky-high and almost got a couple more goals. Brian Leahy hit the crossbar on a penalty kick and John Anderson was wide on the rebound.

The penalty kick was shot under Granite City coach Gene Baker's experimental rule allowing all players — including the goalie — to move once the official blows his whistle. Canavan charged at Leahy, who shot high.

"I don't like the rule," said Dunn. "I think it helps the team which has committed the foul, and that's not right. But I appreciate that Gene is willing to experiment with some new things."

"I was worried when we missed those chances. You never want to do that against a team like CBC. When you beat them you've beaten a class team with a class coach."

Dunn didn't think his team had played much differently Saturday than in the previous two losses to CBC.

"They were both good games," he said. "And we might have had the edge in the second one. But this is just great to win this tournament. Granite City always runs it well and you have 15 of the best teams around. We played well, but you have to have some breaks to win it. I don't think we've peaked. We're improving a little each game."

The last two Tournament of Champions winners (Vianney in 1988 and Granite City in 1989).



SEAN BAIN (center) of the Warriors can't get to a loose ball as Kevin Cobb of SLUH clears the zone during Saturday's semifinal game of the Tournament of Champions.

(Staff photo by Dave Whaley)

McKechan's goal gives Warriors third place

By Dave Whaley
Executive sports editor

GRANITE CITY — Third place games are usually a necessary evil.

Two teams who have just had their hopes crushed a few hours earlier have to get together and make something out of a game neither one wants to play. The Warriors made the best of the situation Saturday afternoon with a 1-0 win over DeSmet to wrap up the consolation title of the Tournament of Champions.

Junior Jim McKechan scored his second goal in as many days early in the fourth quarter for the only scoring of a rather uninspired contest. Senior Sean Bain got the assist. His pass across bounced off a defender and McKechan volleyed the ball past DeSmet keeper Paul Spinner at 64:52.

McKechan had scored his first

DeSmet	GRANITE CITY	SCORE
0	0	0-0
0	0	0-1

GOALS: Granite City 4, DeSmet 1
SAVES: Granite City (D'Smet) 5, DeSmet (Spiller) 4
CORNER KICKS: Granite City 5, DeSmet 2
FOULS: Granite City 15, DeSmet 15

varsity goal in Friday's 3-0 win over Aquinas/Mercy, which put the Warriors in the final four.

"The two goals were kind of similar," said Granite City coach Gene Baker. "Jimmy Mac went to the far post on both occasions and took advantage of his chances. And Sean Bain made a beautiful pass."

Other than that, the game was largely uneventful. The Warriors (14-4-1) had only four shots while the Spartans got only one, and Warrior keeper Ron O'Shea didn't have to make a save.

"It was a closely-marked

game," said Baker. "We tried to ease into things. It can be tough to come back and play a game like this, but I thought the players did a good job getting themselves ready."

"We had some players (Chad Lignoul and Jeff Stephens) out with injuries, and Danny Weather's father had some health problems. We tried some different things with John (Van Buskirk) at the sweeper position. And the sun at this time of day (5 p.m. kickoff) can be brutal."

The Warriors held off DeSmet in the final minutes without any dangerous shots, although O'Shea had to be quick to come out and smother a crossing pass before the Spartans' Dave Knott could get to it.

"Ronnie always does a good job for us," said Baker. "I don't really consider him a backup keeper. He does a great job talking and keeping everybody

else in the game."

Baker came away from the tournament feeling pretty good about his team. Asked to rate the St. Louis area teams prior to the start of the CBC-SLUH title game, Baker made it clear how he felt about the competition at the Tournament of Champions.

"These two teams (SLUH and CBC) would have to be 1-2 depending on who wins tonight," he said. "Then I would put us third based on our performance. We really came on this week. I feel good about what we can do the rest of the season."

The rest of the season is only four games before regional play begins Oct. 21. The Warriors, who have won 10 of their last 11, host Cahokia on Thursday in the final home game, so it will be Senior Night. Granite City travels to Belleville West on Saturday, then plays at McCluer North and SLUH next week.

SLUH derails Warriors 2-1 in semifinals

By Dave Whaley
Executive sports editor

GRANITE CITY — Gene Baker does not like to lose to St. Louis U. High. It goes back to his high school days at CBC.

No, sir, he doesn't like it one bit. But Saturday he had to swallow yet another Junior Billiken celebration at the Gauntlet.

SLUH	GRANITE CITY	SCORE
2	1	2-1
0	0	0-0
0	0	0-0

GOALS: SLUH 2, Granite City 1
SAVES: Granite City (Bannister) 2-1 SLUH
CORNER KICKS: SLUH 4, Granite City 1
FOULS: SLUH 15, Granite City 23

The Warriors made their first trip to the Tournament of Champions final four in three years, but their title hopes ended with a 2-1 loss to the Junior Bills in Saturday morning's second semifinal. CBC got two third-period goals to knock off DeSmet 2-1 in the other semifinal.

It marked the second year in a row the Junior Bills had knocked the Warriors off in the tournament. SLUH beat Granite City 2-1 in pool play last year on its way to a second-place finish. The Junior Bills also won a regular-season game at the Gauntlet last season, so Saturday's win gives them three over the Warriors at the Gauntlet in the past 12 months.

Although Baker wouldn't say anything for the record, Baker wasn't thrilled with the official, particularly tripping all on Pat Rich in the first quarter which led to SLUH's first goal. The Warriors got a weird goal late in the second quarter, but the Junior Bills got the winner in the third quarter thanks to a great play by tournament MVP Jeff Bannister.

Warrior scoring

Player	G.A.P.
John Van Buskirk	8822
Jay Robertson	8319
Sean Bain	8610
Matt Cook	4412
Ship Richardson	4317
Jerry Richardson	306
Jim McKechan	215
Nick Zeoff	124
Andrew Knack	204
Bobby Cheung	033
Chad Lignoul	033
Danny Weather	102
Pat Rich	011

"The rivalry goes way back with them, plus Ebbie is a good friend of mine," said Baker, referring to long-time SLUH coach Ebbie Dunn. "It's disappointing to lose, but we have to feel good about this game. The second and the fourth quarters were ours."

Unfortunately, the Warriors' ownership of half the game wasn't enough to extend a nine-game winning streak. Granite City had some chances against Junior Bill keeper Chris Schroeder, particularly a long shot by Chad Lignoul in the second quarter. It cleared the crossbar by inches as Schroeder could only look on helplessly.

"I thought that one was in," said Baker. "I kept waiting for it to hit the net, but it must have just missed."

The Junior Bills scored at 9:14 on a direct free kick by Brian Leahy, the nephew of New York Jets placekicker Pat Leahy. Rich was called for a trip as Leahy tried to penetrate the penalty area.

"I thought it was a questionable call at best," said Baker. "That was a cheap one to give up. They scored the goal to the near post and our wall didn't do the job."

Leahy's shot got past the wall and beat Warrior keeper Brent Broshaw to the short side just inside the post.

The Warriors tied it at 9:12 on a wild scramble off Nick Zeoff's corner kick. Dan Terrell, Jay Robertson and Matt Cook all had chances at it before a SLUH defender knocked it in himself off the post. Cook was credited with the goal — his third in about 15 hours — with Terrell getting an assist.

"That's part of the game," said Dunn, who has won more than 500 games in 38 seasons at SLUH. "Granite City always comes out on this field. They're going to score. We have to worry about the things we can control."

(See SEATTLE, Page 4B)

Tournament wrapup

(Final group standings)

Group A	
DeSmet	3-0-0
Hazelwood Central	2-1-0
McCluer North	1-2-0
Rosary	0-3-0
Group B	
CBC	2-1-0
Vianney	2-1-0
Chamaine	1-1-1
Belleville East	0-2-1
Group C	
SLUH	3-0-0
Oakville	2-1-0
Hazelwood West	1-2-0
Kennedy	0-3-0
Group D	
GRANITE CITY	3-0-0
Aquinas/Mercy	1-1-1
Hazelwood East	1-1-1
Smith/Cotton	0-3-0

Monday, Oct. 2
McCluer North 0, Rosary 0
Vianney 2, Belleville East 0
Chamaine 2, CBC 1
GRANITE CITY 4, Hazelwood East 1
DeSmet 4, Hazelwood Central 1

Tuesday, Oct. 3
Chamaine 0, Belleville East 0
Aquinas/Mercy 0, Hazelwood East 0
SLUH 3, Rosary 0
SLUH 3, Hazelwood West 0
Oakville 9, Kennedy 0

Wednesday, Oct. 4
Hazelwood West 3, Kennedy 2
SLUH 2, Oakville 1
GRANITE CITY 3, Smith/Cotton 1
CBC 8, Belleville East 0
Hazelwood Central 3, McCluer North 1

Thursday, Oct. 5
Oakville 1, Hazelwood West 0
Aquinas/Mercy 2, Smith/Cotton 1
Vianney 1, Chamaine 0
SLUH 6, Kennedy 0
DeSmet 4, Rosary 0

Friday, Oct. 6
Hazelwood East 3, Smith/Cotton 0
DeSmet 2, McCluer North 1



MVP: Jeff Bannister (center) of the SLUH Junior Billikens was named the Tournament of Champions most valuable player for 1989. With Bannister are SLUH coach Ebbie Dunn (left) and Gerry Collins, the director of promotions for Patrick Inc., one of the tournaments' sponsors.

(Staff photo by Dave Whaley)

CBC 2, Vianney 0	1984 - Rosary
GRANITE CITY 3, Aquinas/Mercy 0	1985 - DeSmet
1989 All-tournament team	1986 - SLUH
Saturday, Oct. 7	1987 - Vianney
Semifinals	1988 - CBC
CBC 2, DeSmet 1	1989 - SLUH
SLUH 2, GRANITE CITY 1	
Third place	
GRANITE CITY 1, DeSmet 0	
Championship	
SLUH 1, CBC 0	
Tournament of Champions	
1989 All-tournament team	
GRANITE CITY — JOHN VAN BUSKIRK (SR.) and MATT COOK (SR.)	
McCluer North — Scott Kiehl (Sr.)	
Hazelwood Central — Shane Bat-	
telle (Sr.)	
DeSmet — Mike Schulte (Sr.) and	
Dave Knott (Jr.)	
Vianney — Darren McDonough (Jr.)	
CBC — Tom Edgar (Sr.) and Pat	
Mann (Sr.)	
SLUH — Jeff Bannister (Jr.) and	
Brian Leahy (Sr.)	
Oakville — Scott Marty (Sr.)	
Aquinas/Mercy — Mike Harvey (Sr.)	
MVP: Jeff Bannister (SLUH)	
Previous champions	
1981 - Vianney	
1982 - Granite City South	
1983 - McCluer North	

Netters serve a warning with strong showing at SWC meet

A big reason the Belleville schools are so strong comes from the competition we play. Participating in tournaments at Bloomington and Pekin allows our players to go up against some of the best competition in the state. That type of schedule does a good job of toughening you



(Photo by Pam Doepke)

KERI WECKMAN won the No. 1 singles title while teammate **Melissa Croak** won the No. 2 singles title as the Warriors finished third overall at the Southwestern Conference tennis meet on Saturday in Belleville.

NOTES: The Lady Warriors closed out the regular season on Tuesday against Wood River. Results of that match will appear in Thursday's *Press-Record*. Granite City will compete in the Althoff Sectional on Saturday. The sectional will be held at the Oak Hill Racquet and Swim Club in Belleville. The top four in both singles and doubles will advance to next weekend's state tournament.

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SERIES NO. 711
Size: 14x8, 14x7, 15x7, 15x8, 15x10,
16x7, 16.5x8.25, 16.5x9.75

SERIES NO. 72
Size: 14x8, 14x7, 15x7, 15x8, 15x10,
16x7, 16.5x8.25, 16.5x9.75

PRO 781 CHROME - RWD

CHROME NUGGET - RWD

SERIES NO. 44
Size: 13x5.5, 14x8, 14x7, 15x8, 15x7,
15x10, 16x7, 16.5x8.25, 16.5x9.75

SERIES NO. 48
Size: 13x5.5, 14x8, 14x7, 15x8, 15x7,
15x10, 16x7, 16.5x8.25, 16.5x9.75

SERIES NO. 43
Size: 14x8, 14x7, 15x7, 15x8

SERIES NO. 42
Size: 14x8, 14x7, 15x7, 15x8

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Harriers tie for 1st at Belleville East meet

The Warrior cross country team continued its strong showing of late by tying for first in the Belleville East Invitational on Friday.

Granite City got 80 points and two top ten finishers to tie the Mater Dei for the boys championship. The Warriors' sixth runner, Chris Garriott, finished 3rd, six places ahead of Mater Dei's sixth runner. The top five finishers for each team account for that team's point total.

Lance Reynolds took third in a time of 16:16, just seven seconds off the pace of second-place Stephen Hornberger of Edwardsville. Civic Memorial's Wally Gregory won the meet with a time of 15:43.

Also placing for the Warriors were Brian Selz (9th, 16:58), Justin Stallings (10th, 17:11), Brian Reed (23rd, 17:22) and Mark Chapman (27th, 17:28). Garriott was 33rd with a time of 17:44. Justin Rayl was 56th for the Warriors with a time of 18:47.

Mater Dei took fifth, 13th, 16th, 22nd and 24th, while the sixth runner was 39th. Rounding out the team scoring was O'Fallon (112), Belleville East (116), Civic Memorial (156), Edwardsville (161), Belleville West (162), Breese Central (178), Triad (182), Centralia (225) and Collinsville (282).

Jennifer Winfield of Granite City was 37th in the girls race with a time of 14:01. The Warriors host the South-

Prep roundup

western Conference meet Friday at 4 p.m.

The Lady Warriors fell to 3-16 with four losses at the Mazzio's Belleville West Tournament over the weekend.

Granite City dropped matches to Freeburg, Mater Dei, Belleville East and Red Bud. The Lady Warriors hosted Alton on Tuesday, host Roxana on Wednesday and Collinsville on Thursday.

Mazzio's Belleville West Volleyball Tournament

Belleville West 15-15, Hazelwood Central 4-4
Mascoutah 15-15, Alton 3-3
Belleville West 15-15, Alton 3-3
Carbondale 15-15, Hazelwood Central 4-4
Belleville West 15-15, Carbondale 3-3
Alton 15-15, Carbondale 6-15
Belleville West 15-15, Carbondale 4-1
Belleville West 15-15, Carbondale 4-1

POOL A STANDINGS: Belleville West 4-3, Hazelwood Central 4-4

Pool B
Mater Dei 15-15, Red Bud 3-3
Freeburg 15-15, Belleville East 15-15
Mater Dei 15-15, GRANITE CITY 1-3
Belleville East 15-15, Red Bud 3-3
Freeburg 15-15, GRANITE CITY 1-3
Mater Dei 15-15, GRANITE CITY 1-3
Red Bud 15-15, Belleville East 10-11
Red Bud 15-15, GRANITE CITY 2-5
POOL B STANDINGS: Mater Dei 4-3, Belleville East 3-3, Freeburg 2-2, Red Bud 2-4, GRANITE CITY 0-4
Belleville East advanced to third-place match because of point differential.

Third place
Belleville East 15-15, Mater Dei 3-3
First place
Belleville West 15-15, Mater Dei 7-0

Prep football stats

TEAM LEADERS

OFFENSE

Team	Record	Yds	Pls	Total	Avg
E. St. Louis, 6-0	2244	1003	261	43.5	
Highland, 6-0	1734	285	258	43.0	
Alton, 5-1	1813	489	194	30.5	
O'Fallon, 5-1	1677	319	148	24.8	
Edwardsville, 5-1	1562	751	146	24.3	
Dupo, 5-0	1561	154	120	24.0	
Waterloo, 5-1	1248	571	143	23.8	
Columbia, 4-2	1761	241	143	23.8	
Lincoln, 5-1	1239	328	142	23.6	
Jacksonville, 4-2	901	425	122	20.3	
Freeburg, 4-2	1257	317	112	18.6	
Mascoutah, 3-3	1085	147	96	16.0	
Cahokia, 4-2	1035	422	82	13.6	
Triad, 3-3	834	482	79	13.1	
Madison, 2-4	735	81	76	12.3	
Alton, 1-5	687	432	78	12.8	
Bethalto, 1-5	722	508	74	12.6	
Belleville W, 4-2	1056	158	73	12.1	
Red Bud, 1-5	863	628	67	11.8	
Belleville W, 4-2	1056	158	73	12.1	
Roxana, 2-4	870	154	53	8.8	
GRANITE CITY, 2-4	523	197	53	7.1	
Wood River, 0-6	663	443	30	6.5	
Collinsville, 1-5	670	270	35	5.8	

DEFENSE

Team	Record	Pass	Int.	Pls.	Agst.	Avg
Highland, 6-0	5	12	26	4.5		
Dupo, 5-0	12	10	44	7.3		
E. St. Louis, 6-0	6	48	8	4.0		
Waterloo, 5-1	6	8	49	8.1		
Cahokia, 4-2	5	12	50	8.3		
O'Fallon, 5-1	5	12	50	8.8		
Edwardsville, 5-1	14	6	61	10.1		
Jacksonville, 4-2	7	12	62	10.3		
Alton, 1-5	2	10	85	11.0		
Edwardsville, 5-1	6	10	88	11.3		
Mascoutah, 3-3	7	15	73	10.4		
Alton, 1-5	11	9	75	12.5		
Freeburg, 4-2	4	6	106	10.8		
Belleville E, 3-3	9	9	106	17.8		
Belleville W, 4-2	8	8	113	18.0		
Triad, 3-3	8	129	210	21.6		
Red Bud, 1-5	3	5	134	22.3		
Metro East, 2-4	3	5	134	22.3		

COLLINSVILLE, 1-5

2 2 136 22.5

Roxana, 2-4 4 2 140 23.3

Prosser, Columbia 3 3 171 28.5

GRANITE CITY, 2-4 3 3 171 28.5

Madison, 2-4 6 6 182 30.0

Wood River, 0-6 5 0 223 37.1

POINTS

Player Team TD FG Conv Total

Greenwald, Highland, 25 0 0 150

Esters, O'Fallon, 14 0 0 54

Greenwald, Highland, 10 0 0 40

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CROWLEY, LINCOLN

32 17 213 4 3

Whitehead, Metro East 30 13 212 2 4

Prosser, Columbia 30 14 200 2 3

THOMAS, GC 37 17 197 2 7

ROCKETT, MADISON 30 13 178 2 2

Shup, Belleville E 37 13 158 1 4

Bismarck, WI 47 17 157 1 1

Forsting, Bethalto 47 10 153 0 4

RUSHING (Yards, Avg.)

Greenwald, Highland, 1115, 8.7; Germann, Colum-

bia, 1088, 7.5; Esters, O'Fallon, 834,

8.5; Davis, Waterloo, 532, 6.5; Fisher,

Althoff, 587, 7.6; Hardy, Roxana, 565,

5.4; Dunnagan, Edwardsville, 555, 6.1;

Jordan, Belleville E, 563, 4.3; Fain,

Lincoln, 559, 7.0; Chandler, Dupo, 557,

11.1; Mann, Jerseyville, 538, 7.4;

Groves, Waterloo, 512, 5.3; Hurd,

Mascoutah, 499, 4.2; Sims, Cahokia,

410, 6.9; Fowler, Belleville E, 386, 6.6;

Pfeiffer, Freeburg, 384, 5.4; Thompson,

Althoff, 381, 10.0; Inman, Columbia,

359, 6.2; Davis, Mascoutah, 343, 4.6;

Supps, E. St. Louis, 320, 11.4; TRIAD-

WAY, MADISON, 319, 4.2; Howell,

Belleville W, 316, 5.9; Moore, E. St. Louis,

316, 8.7; Zinda, Triad, 305, 5.3;

DeShella, Jerseyville, 302, 5.2; Laux,

Bethalto, 298, 4.2; Jackson, Edwards-

ville, 297, 6.7; Cox, Alton, 286, 4.4;

Neumeier, Belleville W, 292, 5.3; Dier,

Dupo, 276, 4.2

RECEPTIONS (Yards, Receptions)

Dunn, E. St. Louis, 444, 18; Heine-

mann, Red Bud, 390, 25; Metzger,

Waterloo, 330, 12; Jackson, Edwards-

ville, 288, 23; Abernathy, Althoff, 277,

16; Jackson, Triad, 274, 14; Jackson,

Waterloo, 219, 20; Vetter, Jersey-

ville, 206, 12; Hasenstab, Belleville W,

199, 10; Brown, Alton, 190, 12; WALK-

ER, MADISON, 183, 13; Schmitz,

Freeburg, 165, 13; Lamer, Jerseyville,

158, 8; White, Collinsville, 154, 12;

Determan, Roxana, 143, 10; Vogel,

Bethalto, 142, 17; Johnson, Wood Riv-

er, 138, 18; Ufert, Wood River, 136, 18;

Powell, Edwardsville, 131, 12; Sims,

Cahokia, 131, 11; Young, Lincoln, 129,

8; Everett, Wood River, 125, 8; Kenne-

dy, E. St. Louis, 119, 8; Lockett, Calo-

nia, 118, 8; Bush, E. St. Louis, 115, 6;

Kasstner, Waterloo, 114, 7; Jose, Metro

East, 112, 3; Rush, Althoff, 110, 6;

Inman, Columbia, 108, 8; Freeman,

Highland, 108, 8.

TOTAL YARDS (Receiving-Rushing)

Greenwald, Highland, 1143; Germann,

Columbia, 1116; Esters, O'Fallon, 945;

Horseshoe Lake Park having fall activities

Horseshoe Lake State Park is announcing several activities for this fall.

There will be a red tag drawing for waterfowl blind sites on Oct. 15. Registration is from 9 a.m. to 1 p.m., with the drawing at 1 p.m. in the park office.

Duck and goose hunting season will be from Nov. 4 through Dec. 3. During this period the main park road will be closed from the main office across the causeway from sunrise until 3:30 p.m. All other roads in the park will be open.

There will be a youth pheasant hunt on Nov. 12. Hunting is by permit, and permit applications may be obtained at the park office.

There will be a controlled pheasant and quail hunting program on the island from Dec. 6 through Jan. 7. Hunting will be Wednesdays through Sundays, with the area closed to hunters on Mondays and Tuesdays, plus Christmas Day and New Year's Day. A daily draw will be held with a limit of 30 hunters. Registration will be from 7:30-8:30 a.m., with the drawing at 8:30 a.m. Hunting hours are from 9 a.m. to 4 p.m. Hunters must be present for registration and the draw. A \$10 daily usage stamp is required. When daily quotas are not filled, hunters will be allowed to check in on a first-come, first-served basis until 1 p.m.

The campground will be closed on Oct. 15 until spring.

For more information, call the Horseshoe Lake Park office at 931-8270.

Phoenix House golf tourney is Oct. 14

The Telephone Pioneers of America present the Phoenix House Benefit Golf Tournament on Oct. 14 at Oakbrook Golf Course in Edwardsville.

Entry fee is \$35 per person and includes green fees, hat, golf towel and a sleeve of balls. There will be prizes for the first three places in each of three flights, a raffle ticket for door prizes, food, drinks, closest to the hole on the 4th hole and 17th hole, and a long drive on the 8th hole.

The field will be limited to 32 teams. Golfers can bring their own team or sign up individually. To sign up, call Scott or Brenda Loftus from 10 a.m. to 8 p.m. Monday through Friday at 452-5058.

Teams will be handicapped and flighted after playing. A \$5 skins game is optional.

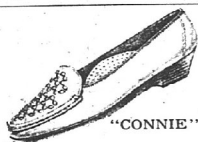
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JIM MCKECHAN scored the game-winner Saturday as the Warriors beat DeSmet 1-0 in the Tournament of Champions third place game. McKechan also scored in Friday's win over Aquinas/Mercy.

•Semis

(Continued from Page 1B)

With Bannister, the Junior Bills can control plenty. He made a strong run down the right side at 44:31 and crossed the ball to Jamie Posnanski. Posnanski knocked the ball back to the far corner to put SLUH ahead 2-1.

"Bannister is the best forward in the area, and he's only a

junior," said Dunn.

"Bannister is extremely tough to knock off the ball," said Backer. "SLUH played very well all week. But our club is really improving. I don't think we were sluggish or had any kind of let-down after the Aquinas game. We're usually not a good day-time team, but I'm happy with this effort."

Young helps SMSU keep high ranking

Reggie Young, a senior cornerback from Madison High School, had two tackles and four assists as Southwest Missouri State kept its high national ranking on Sept. 30.

The Bears beat Northern Iowa 37-22 to go 5-0 and remained tied for fifth in the NCAA Division I-AA rankings. It's the highest ranking ever for SMSU.

•Bannister

(Continued from Page 1B)

1987 and CBC in 1988) went on to win the Missouri state championship.

"But we won here three years ago and didn't win state," said Dunn. "Hazelwood Central beat us in four overtimes. We'll see what happens this year."

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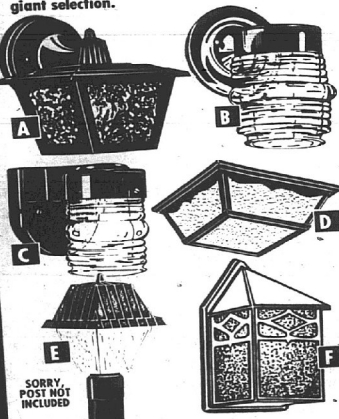
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C. PORCH FIXTURE

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D. CEILING FIXTURE

Square black polypropylene ceiling fixture. Measures 10 1/4 inches square, 5 1/2 inches high. Model 66823.

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E. BLACK POST TOP LANTERN

Clear textured acrylic diffuser with black styrene hood. Measures 8 1/4 inches square, 13 1/4 inches high. Model 66806.

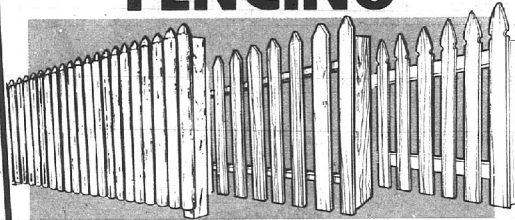
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F. OUTDOOR LANTERN

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CENTRAL HARDWARE

Memphis: a rejuvenated city with a rich and colorful past

By Tom and Joanne O'Toole
Staff affiliates

For most people Memphis is Elvis Presley and the blues. Yet for those who visit this rejuvenated city in the southwestern corner of Tennessee, there is so much more.

The city's name, which means "place of good abode," was bestowed on this delta river town by President Andrew Jackson and his friends, John Overton and James Winchester.

Today, Memphis also has gained renown for its famed Peabody Hotel with the hotel's celebrated ducks' daily parade, the rebirth of Beale Street, Mud Island, Victorian Village and tasty barbecue ribs.

Memphis music has a colorful history, dating back to early black folk music. But William Christopher (W.C.) Handy gave birth to the Memphis blues and took his unique sound to infamously Beale Street.

The celebrated Beale Street was the center of entertainment for the black population of the mid-South. It had a wild and raucous reputation, and anything and everything happened there. Today, a more sophisticated section of the famous street attracts a new generation of music lovers.

Lovers of another brand of music also are drawn to Memphis, although these visitors seek out Graceland, the private refuge of the legendary Elvis. Tours of the Presley estate are

Muddy nuisance becomes a gold mine for Memphis

The narrow island of river-bottom silt off the banks of downtown Memphis was for many decades a muddy nuisance. The island flooded once a year, yet city fathers found no solution for getting rid of it—despite drilling and dynamiting.

A dredging project eliminated the flooding problem and left this Tennessee city with a major piece of real estate right at its doorstep, smack dab in the middle of the Mississippi River.

The land first was developed as a park in 1974, but Mud Island gained recognition when a 50-acre, \$63 million entertainment center was completed in the summer of 1982. The project was funded completely by the City of Memphis and already is one of the city's two major tourist attractions (Graceland is the other).

Mud Island is a unique river-arena, showcasing the character of the river with a five-block-long replica of 1,000 miles of the lower Mississippi River valley between Cairo, Ill., and New Orleans. This miniature river reflects the channels, the flood plains, pinpoints historical events and follows the same twisting route the mighty river takes. Visitors can locate bridges, levees, and 20 river towns along the way.

The unique River Walk is built to scale, with a normal step equaling one mile. The model has water flowing in the same way the real Mississippi changes levels, and runs with the currents. Markers and plaques along the River Walk detail steamboat disasters, pirate activities, Civil War battles and

commemorate towns that died off as the river changed its course. It's a "feet-on" display if you feel like wading.

But the city fathers did not spend all those millions just on the facsimile of the river.

Mud Island has four restaurants featuring regional and river cuisine, shops offering local crafts and Mississippi River souvenirs, and a 4,300-seat outdoor amphitheater that looks across to the developing Memphis skyline.

The amphitheater is the showcase for headline entertainers, musical revues, and nationally known groups during the summer season. There are more than 3,500 artifacts in the Mississippi River Museum, ranging from early Indian weapons to present-day river-

boat equipment. An orientation film explores the river's history, and audio-visual programs help explain exhibits.

All inclusive admission prices are \$5 for adults, \$3.75 for senior citizens age 62 and over, and \$3 for children 4 to 11. Those under 4 will be admitted free. To visit only the park and the round-trip monorail, it's \$1.25 per person regardless of age. Musical and headline entertainment is an added cost during the season.

The island is open daily, with varied seasonal hours.

A brochure and information on the entertainment complex is available by writing Mud Island, 100 N. Main St., Suite 2810, Memphis, Tenn. 38203. The telephone number is (901) 528-5595.

lery, sidewalk shows, restaurants and boutiques. It has become a popular place to meet and enjoy the day or evening.

Overton Park, with 350 wooded acres, is where visitors will find the Memphis Zoo and Aquarium, the Brooks Memorial Art Gallery and the Memphis Academy of Arts.

The culture and charm of turn-of-the-century Memphis have been preserved at Victorian Village. The area contains restored homes dating from the 1860s and 1870s—a time when horse-drawn carriages bumped along cobblestone streets and ladies in hoop skirts strolled among the magnolias. These stately homes are evidence of the gracious living enjoyed by a glittering Memphis society during the glory days when cotton reigned supreme.

A city map, brochures and local accommodations information are available by writing the Memphis Visitors Bureau, 50 N. Front, Suite 450, Memphis Tenn. 38103. The telephone is (901) 578-8181.

Tom and Joanne O'Toole are free-lance travel journalists from Ohio.

mourning the closing of the great hotel in 1975, but a \$25 million restoration and a reopening six years later made the building even more grand than in past years.

The tradition of the famous Peabody ducks, started back in the 1930s, has earned the hotel national recognition.

The ducks waddle from the elevator to the marble fountain in the center of the lobby late each morning, spend the day splashing and playing, and return to their roof-top caged suite in the late afternoon. The pomp and ceremony is enhanced by a 50-foot red carpet reaching from the elevator doors to the fountain, the timing and the playing of an upbeat Sousa march. Locals, hotel guests and visitors gather for the two daily performances, and love every minute of it.

Stretching along the riverfront, the 50-acre Mud Island is a tribute to the history and heritage of the Mississippi River. It begins with a monorail ride to the island. Visitors then can take their time strolling the River Walk, investigating a five-block-long scale model of the river and walking through the interesting Mississippi River Museum. There are restaurants, shops and plenty of activities for the family.

Shopping devotees visit the heart of downtown for the 10-block-long Mid-America Mall, home for department stores, specialty shops, fountains, benches, sculptures and entertainment.

The mall also is home to Court Square and its grand old trees, which cast cooling shadows; and for Civic Plaza, with fountains enjoyed by the lunch crowd. Nearby Front Street is perhaps

better known as cotton row, where bales of cotton still are pushed around with handcarts.

At Overton Square there is a collection of shops, an art gal-



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Unpredictable autumn weather can make driving hazardous—especially when a sudden fog rolls in. When you must drive in fog, follow these tips from the National Safety Council:

Turn on your low-beam headlights, which will make your vehicle more visible to other drivers. Don't use high-beam lights in fog, since they reflect and cause glare.

Because fog can muffle sounds, roll your window halfway down so you can better hear traffic noises. Use your horn when necessary to warn other drivers of your

presence. Decrease your speed when driving in fog. Never try to pass another vehicle. If a driver tries to pass you, reduce your speed if possible to allow the vehicle to get around you.

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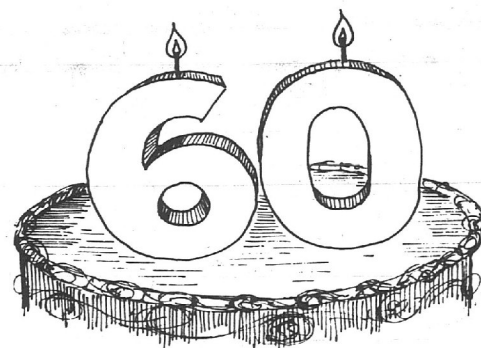
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Favorite Fixin'

Do you have a favorite recipe that leaves your family begging for more? Why not share your mouth-watering ideas with your friends and neighbors? Send us your best recipe, and you may see it published in a future edition of the newspaper. Anyone wanting to submit recipes may send them to "Favorite Fixin's," Granite City Press-Record/Journal, 1815 Delmar, Granite City, IL 62040.

Journal FOOD

Section C

WEDNESDAY, OCT. 11, 1989
GRANITE CITY JOURNAL

Inside

Betty Crocker answers your questions

3C

Poaching lets cook save time

6C

Round-the-clock lives eat beat-the-clock food

8C

FALL FEAST

Forget Football, Sack Hunger On A Picnic Made For Turkey

By Lynn Venhaus
Journal Staff Writer

If the Sunday afternoon ultimatum is you or Joe Montana, you know the answer. But don't let a couch potato get in the way of enjoying an invigorating fall afternoon.

While the NFL is in full swing on the tube and your favorite football fans are at half-mast, reclining with the remote control, all chance of dragging them out to enjoy the autumn leaves is pretty well shot. So grab some other adventurous souls and head outside. You can pack portable potables for a quick picnic and still leave nourishment behind for the armchair quarterbacks.

Any occasion to put your car on the road will do—even going to see a football game. During fall's fine weather, you can simply enjoy the foliage and crisp air that makes appetites keener. You can have an elaborate spread or eat sandwiches from brown paper bags—just enjoy feasting with friends in the open air.

The following recipes offer hefty sandwich and main dish salad ideas, mainly involving turkey. Fully cooked turkey deli meat is a wonderful convenience food. It is easy to use turkey in sandwiches and salads.

Remember, to keep deli turkey moist and fresh-tasting, proper storage is a must. Rewrap purchases in moisture/vapor-proof wrap and store in cold part of refrigerator. Because sliced turkey meats may dry out quickly due to their large surface area, buy just the amount to be used within a few days. Read labels carefully. Use any product by the use-by date shown on the package.

For 18 turkey deli recipes, send a self-addressed, stamped, business-size envelope to: Turkey Deli Brochure, National Turkey Federation, 11319 Sunset Hills Road, Reston, Va. 22090.

For a special touch, avocados have been used as a sandwich spread or in the salads printed here. Did you know avocados are a tremendous source of potassium? In fact, avocados contain more potassium ounce-for-ounce than 26 other popular fruits and juices. Avocados are also an excellent source of vitamin A, have no cholesterol and are low in sodium.

Ripe olives are also added to sandwiches and salads for color and flavor. Ripe olives are a fruit and contain no cholesterol. Their caloric count is actually lower than what people assume, ranging from 4 calories for a small olive to 12 calories for a super colossal one. Once a can of ripe olives is opened, it is recommended that they be stored in their original brine in the refrigerator for up to 10 days. Do not mix green olives or pickles in the can with ripe olives.

A nutty wild rice salad can accompany a heroic sandwich. So can a pea salad enlivened with cashews, bacon and ranch-type dressing.

For dessert, end the al fresco dining adventure with a sinfully rich double chocolate brownie. If you feel too guilty, take along some apples and pears as well.

After your day in the fresh air, your cheeks will hopefully have a rosy glow and your spirit will be content with good conversation and food.

You might even wonder who won the game.

Double Chocolate Brownies

- 1/2 cup butter or margarine
- 2 cups (12 oz. package) semisweet chocolate chips, divided
- 1 1/2 cups sugar
- 1 1/2 cups unsifted all-purpose flour
- 3 eggs
- 1 tsp. vanilla extract
- 1/2 tsp. baking powder
- 1/2 tsp. salt
- 1 cup coarsely chopped nuts

Melt butter or margarine and 1 cup of the chocolate chips in 3-quart saucepan over low heat, stirring constantly, until melted. Remove from heat; stir in sugar, flour, eggs, vanilla, baking powder and salt until smooth. Stir in nuts and remaining 1/2 cup chocolate chips; spread in greased 13-by-9-by-2-inch pan. Bake in preheated 350° oven for 30 to 35 minutes or until center is set. Remove from oven; cool completely. Cut into squares (approximately 3 1/2 by 3 inches each). Makes 1 dozen.

Mediterranean Turkey Salad

- 1 head iceberg lettuce
- 1 tbsp. chopped onion
- 1 slice (1/4 by 1-inch) pared fresh ginger root
- 1/2 cup vegetable oil
- 2 tbsp. white wine vinegar
- 1 small orange, peeled and sectioned
- 1/4 tsp. salt
- 1/4 tsp. white pepper
- 1 1/2 lb. oven-roasted turkey breast
- 1 ripe avocado, peeled and sliced
- 1/4 cup sliced ripe olives

Core, rinse and thoroughly drain lettuce. Chill in sealed plastic bag or crisper. Place onion and ginger in electric blender or food processor; whirl until finely chopped. Add oil, vinegar, 1/4 orange, salt and pepper; whirl to mix. Cut iceberg lettuce head into 8 thin wedges; place 2 wedges on each plate. Cut turkey breast into 1/4-inch slices. Arrange turkey slices on lettuce slivers. Top with avocado and olives. Pour 1/4 cup dressing over each serving and garnish with orange section.

Turkey Stuffed Lettuce

- 1 head iceberg lettuce
- 4 oz. cream cheese, at room temperature
- 1/4 cup sour cream
- 1/4 cup minced parsley
- 1 tsp. dried dill weed
- 2 tsp. Dijon-style mustard
- 1/2 cup sliced ripe olives
- 1/2 cup cubed ripe avocado
- 1/2 cup red bell pepper
- 1/2 cup chopped walnuts
- 1 lb. turkey ham, cubed

Core, rinse and thoroughly drain lettuce. Remove inner leaves from lettuce head to form flat-sized hollow in center. (Save inner leaves for another use.) Wrap lettuce head in plastic bag and chill to crisp lettuce while making filling. In medium-sized bowl, mix cream cheese, sour cream, parsley, dill and mustard until well blended. Mix in olives, avocado, red pepper, walnuts and turkey ham. Spoon mixture into hollowed lettuce head; cover with plastic wrap. Chill at least two hours. To serve, cut lettuce head into 6 wedges.

Turkey Avocado Dagwood

- Avocado Spread:
- 2 medium ripe avocados, seeded, peeled and mashed
- 2 1/2 tbsp. fresh lemon juice
- 2 tbsp. thinly sliced green onions
- 1 tsp. garlic salt
- 1/2 tsp. tarragon
- Sandwiches:
- 1 head iceberg lettuce, shredded to equal 4 cups
- 8 slices whole wheat bread
- 1/2 cup sliced ripe olives
- 2 medium ripe tomatoes, sliced
- 4 slices cheddar cheese
- 4 slices Muenster cheese
- 2 pkg. (6 oz.) smoked turkey breast slices, rolled
- 4 tbsp. sweet hot mustard

Combine all avocado spread ingredients; blend well. Core, rinse and thoroughly drain lettuce before shredding. Chili shredded lettuce in sealed plastic bag or crisper. Divide avocado spread equally on 4 bread slices. Top each with 2 tablespoons olives, 2 tomato slices, 1 slice each cheddar and Muenster cheese, 2 turkey slice rolls and 1 cup shredded lettuce. Spread remaining 4 bread slices with mustard and place on top of other ingredients. To serve, slice sandwiches in half.

Pea Salad

- 10 oz. fresh or frozen peas
- 1 cup diced celery
- 1 cup chopped fresh cauliflower, cut into flowerets
- 1/2 cup diced green onion
- 2 tbsp. chopped pimientos (optional)
- 1 cup chopped cashews
- 1/4 lb. crisp cooked crumbled bacon
- 1/2 cup sour cream
- 1 cup prepared ranch-type dressing
- 1/2 tsp. Dijon mustard
- 1 small clove garlic, minced

Rinse peas in hot water or steam if fresh; drain. Combine vegetables, nuts and bacon with sour cream. Mix dressing, mustard and garlic together; pour over salad mixture. Toss gently. Chill. Serves 4 to 6.

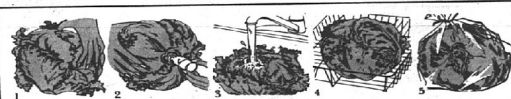
Wild Rice Salad

- 3 cups wild rice
- 1 garlic clove, peeled
- 6 oz. mushrooms, finely chopped
- 1 bunch green onions, finely chopped
- 3 tbsp. minced fresh parsley
- 1/2 large sweet green pepper, finely chopped
- Vinaigrette:
- 2 tbsp. walnut oil
- 2 tbsp. red wine or raspberry vinegar
- 2 tbsp. water
- Juice of 1/2 lemon
- 2 tbsp. minced shallots
- Salt and freshly ground black pepper to taste

Wash rice thoroughly under cold running water. Put rice in medium-size saucepan, cover with 2 quarts of cold water, and add garlic. Bring to boil, water, and add garlic. Bring to boil, lower heat, and simmer, uncovered, for 15 to 20 minutes or until grains are just tender. Do not let the rice "pop" open. Drain and cool. Discard the garlic clove.

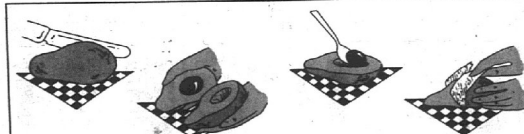
While rice is cooling, combine all vinaigrette ingredients in bowl and whisk together until well blended. Toss vegetables and rice together in serving bowl. Pour on the vinaigrette; toss gently and season with salt and pepper.

(Adapted from "Good Friends, Great Dinners" by Susan Costner, Crown Publishers Inc., New York, 1987.)



Steps For Proper Lettuce Care

1. Select heads that give slightly when gently squeezed. A firm, but not hard, head is a perfectly "mature" head.
2. Core by holding head core-end down, whack head on counter, then lift or twist out core with fingers. You may cut with stainless steel knife but cut edges may discolor sooner than torn edges.
3. Rinse by holding head core-end up under running tap water, allowing water to run all through the head to refresh it.
4. Drain rinsed head thoroughly with core-end down in rack or on drainboard.
5. Store in refrigerator in tightly-closed plastic bag or special lettuce crisper.



Easy Avocado Preparation

1. Cut avocado in half, lengthwise around seed.
2. Rotate the two halves to separate.
3. To remove seed, slide the tip of a spoon gently underneath and lift out.
4. To peel the avocado half, place cut side down on cutting board and remove skin with your fingers or a knife.
5. Sprinkle all cut surfaces with lemon or lime juice to prevent discoloration.

Spinach pairs with favorites of Europeans and Americans

Fruit, nuts and cheese are a classic combination of flavors and textures that make many memorable European meals.

Munched together at a side-of-the-road picnic or served as part of a hearty lunch, there is no matching better than creamy blue cheese, crisp apples and crunchy toasted almonds. There is nothing intrinsically European, however, about this combination because it is repeated on this continent time and again today, whether the occasion is one at home, enroute to a football game or near a pick-your-own apple orchard.

A lemon coating turns the almonds tart-sweet. Bake a double batch — or even more for partying — for snacks.

Spinach salad with lemon zest almonds

Spinach for 2 to 3 salads, washed, trimmed, crisped
 1 apple, sliced
 1/2 cup olive oil
 1 tbsp. cider vinegar
 Pinch thyme
 Pinch pepper
 Lemon Zest Almonds

Toss together spinach, blue cheese and apple slices in medium salad bowl.

In small bowl, whisk together olive oil, vinegar, thyme and pepper.

Drizzle dressing over salad. Toss to coat thoroughly. Toss with 1/2 cup Lemon Zest Almonds just before serving.

Makes 2 to 3 servings.

Lemon zest almonds

1 egg white
 1/2 cup sugar
 1 tbsp. grated lemon peel
 2 cups almonds

Beat egg white in mixing bowl until light and frothy.

In separate mixing bowl, mix together sugar and lemon peel.

Toss almonds first in egg white, then in sugar mixture to coat thoroughly. Spread coated almonds in single layer on baking sheet. Bake at 350° for 12 to 15 minutes, stirring occasionally until sugar is lightly browned and nuts are toasted. Cool.

Store in airtight container until ready to use.

Makes 2 cups.

Popcorn And Fruit Nibbler

1 1/2 qt. air-popped popcorn
 1 cup wheat germ
 1/2 cup sesame seeds
 1/2 cup light corn syrup
 1/2 cup honey
 3 tbsp. oil
 1 (6 oz.) pkg. diced dried mixed fruit (1 1/2 cups)

Line 15-by-10 inch baking pan

with aluminum foil.

Combine popcorn, wheat germ, sesame seeds, corn syrup, honey and oil, mixing lightly until popcorn is coated evenly. Spread evenly in prepared pan.

Bake 35 to 40 minutes at 300 degrees, stirring every 10 minutes, until dark golden brown. Stir in dried fruit.

Cool completely on wire rack. Break in pieces. Store tightly covered in refrigerator.

Makes eight (3/4-cup) servings; 260 calories, 41 gm. carbohydrate, 6 gm. protein, 9 gm. fat, 15 mg. sodium, no cholesterol, 3 gm. dietary fiber each.

Applesauce yogurt delight

1 pkg. (4 serving) gelatin, any red flavor
 1 cup boiling water
 1 cup unsweetened applesauce, chilled
 1 tsp. cinnamon
 1/2 cup vanilla yogurt

Dissolve gelatin in boiling water.

Measure 3/4 cup. Add applesauce and cinnamon. Chill in 4 dessert glasses until set but not firm.

Chill remaining gelatin until slightly thickened. Blend in yogurt. Spoon over gelatin in glasses. Chill until firm, about 2 hours.

Makes 4 servings.



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Food

Mrs. Crocker answers household questions

Q. What do you do to keep a cake from rising higher in the middle than the sides? K.M.S., Monroe, Mich.

A. Measure carefully. Too much flour or too little liquid contribute to thick, unevenly leavened batter that may rise too high. Use correct pan size because a too-small pan results in deep batter that expands too much and can result in a peaked top.

Q. Does anything need to be substituted for coconut in a muffin recipe? R.C., Elizabethtown, Ky.

A. Finely chopped nuts can be substituted for coconut, but most recipes would work fine without any substitution.

Q. Can buttermilk be frozen successfully? Mrs. A.C.S., Brocton, Minn.

A. Yes, store in original carton for 3 to 4 months. Buttermilk texture may be affected, but can be smoothed by whisking in blender briefly upon thawing.

Tip of the week: Chocolate scorches easily. It should never be melted over high heat. Melt chocolate using direct heat, double boiler or microwave.

Q. Do you recommend greasing both sides and bottom of a cake pan? D.C., Ava, Ill.

A. For most cakes, grease and flour the inside of pan with solid shortening and dust with flour. Exceptions are angel food and chiffon cakes which should neither be greased nor floured.

Q. My biscuit dough contains baking powder, baking soda and yeast. It's supposed to keep in the refrigerator for a week but after three days the dough turns colors. What would prevent this? C.K., Weatherford, Okla.

A. Even carefully wrapped and stored dough will darken due to a reaction of the leavening and flour. For best results, bake and freeze finished biscuits, reheating them to serve.

Q. I like coleslaw with mayonnaise and sugar dressing, but it gets too watery. What would help? M.M.B., Sorrento, Fla.

A. Drain and blot the shredded cabbage very well before adding the dressing. Low-calorie mayonnaise is more likely to cause watery dressing because it already has a high water content and may separate after ingredients are added and mixture is stirred. The longer coleslaw is stored, the more it will become watery.

Tip of the week: For best results, bake angel food, sponge or chiffon cake in a tube on lowest rack in oven.

Q. Does hot, scalded milk have to be cooled before adding it to a bread recipe? J.H., Fort Atkinson, Wis.

A. Yes, however, it's no longer necessary to scald milk, only heat to temperature indicated in recipe. In older recipes, scalded milk must be cooled to between 110 and 115 degrees before adding eggs or yeast. If temperature drops below 85 degrees, the yeast will not grow. If it's hotter than 115 degrees, the

yeast will be killed. Sweeteners and salt can be added to hot mixture.

Q. When is glaze added to baking ham? Mrs. M.R., Cabokla, Ill.

A. Remove ham 30 minutes before it's done. Cut away fat from ham and mark meat surface with uniform diamond shapes. Pat or brush with glaze and bake another 30 minutes.

Q. What is meant by "solid shortening"? Instead of butter, margarine or oil used to grease a baking pan? V.V., Iron River, Minn.

A. It means hydrogenated vegetable oil, the firm, white fat. It's preferred for greasing baking pans because it helps prevent over-browning of the bottom crust and eases removal of the cake or bread. If butter, margarine and oil are used they brown more readily and may cause cake to stick to the pan.

Tip of the week: When using a vegetable steamer, be sure that water doesn't touch bottom of steamer basket.

Q. Can potato starch be substituted for cornstarch in recipes? G.E.N., Oregon, Ill.

A. Yes, an equal amount of potato starch substitutes for cornstarch.

Q. When I have a recipe that calls for three eggs, how many eggs I use for the smaller recipe? P.S., Geyer Hill, Ohio

A. To divide an egg, beat it slightly, measure volume, and use half the mixture. Increasing or decreasing a recipe's yield, however, may alter its formula and cause poor performance.

Q. My yeast rolls are dry the day after baking. What could be causing this? R.B., Los Angeles

A. Dry yeast rolls may have too much flour. The amount of flour needed to produce a soft, moist roll depends on humidity in the air. Start with the minimum measurement, adding flour as needed to produce dough that is soft, not sticky. Add just enough flour during kneading so that dough becomes satiny smooth.

Overbaking also dries bread. Bake minimum time at specified temperature to produce golden brown color. Test for a hollow sound. A cool oven temperature may promote overbaking and also cause a dry loaf.

Tip of the week: Baking powder and baking soda keep for 18 months. Date containers at purchase time.

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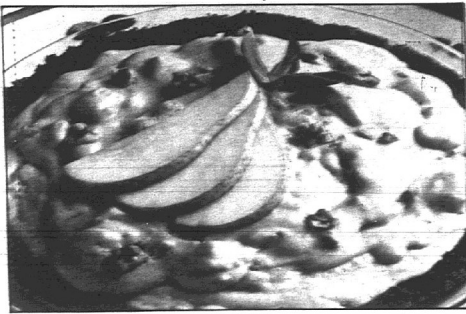
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REV UP FOR PARTY TIME with a complementary pairing of fresh pears and spice in Ginger Mousse Pie.

Have pear for dessert: speaks for fall rites

Unforgettable finales to autumn dinner menus present a challenge to any cook. There are so many possibilities with seasonal fruit that a change-of-pace pear pie could be a star performer.

Pear Ginger Mousse Pie. Crisp graham cracker crumbs, a graham cracker crust shell, combines the delicate sweetness of fresh pears with the distinctively fragrant space of ginger in a creamy mousse.

Cheddar Pear Pie is filled with pears and sprinkled with a cheddar crumb topping.

Pear ginger mousse pie

- 1 1/2 cups graham cracker crumbs
- 1/2 cup plus 6 tbsp. sugar
- 1/2 cup butter, melted
- 4 large fresh pears
- 1 envelope unflavored gelatin
- 1/2 cup cold water
- 1 tsp. salt
- 1 tsp. ginger
- 3 egg yolks
- 1 tsp. vanilla
- 2 egg whites
- 1 cup whipping cream (1/2 qt.)
- 1 cup toasted walnuts, chopped
- 1 cup crystallized ginger, chopped
- 3 tsp. dark rum
- Fresh mint sprigs

1. Fresh pear, cored, sliced

In bowl, combine graham cracker crumbs, 1/4 cup sugar and melted butter. Press evenly in 9-inch pie plate. Bake in 375° oven 8 minutes. Cool.

Peel, core and cut 2 pears into blender or food processor. Process, then measure out 1 1/4 cups puree.

Peel, core and dice remaining 2 pears.

Dissolve gelatin in water. In top of double boiler, mix gelatin, 2 tablespoons sugar, salt and ginger.

Beat egg yolks lightly. Add to gelatin mixture along with pureed pear. Set over boiling

water. Cook stirring constantly about 5 minutes or until slightly thickened.

Remove from heat. Stir in vanilla. Cool until mixture thickens slightly.

Beat egg whites to soft peaks. Gradually beat in remaining 4 tablespoons sugar, beating to soft meringue.

With same beater, beat cream to soft peaks. Fold meringue and cream into thickened gelatin mixture. Fold in 2 diced pears, walnuts and ginger.

Turn into prepared pie shell. Chill until firm, at least 3 hours. Garnish with fresh mint and pear slices to serve.

Makes 8 servings; 512 calories, 8 gm. protein, 58 gm. carbohydrate, 5 gm. fat, 163 mg. cholesterol, 313 mg. sodium, 5 gm. fiber each.

Cheddar pear pie

Unbaked pastry for single crust pie

- 4 large fresh pears (2 lb.)
- 1/2 cup sugar
- 1 tsp. cornstarch
- Pinch salt

Cheese Crumble Topping

Pare, core and slice pears to measure 5 cups. Combine sugar, cornstarch and salt. Mix with pears.

Turn into pie shell. Sprinkle with Cheese Crumble Topping.

Bake on low rack in 325° oven 25 to 30 minutes until pears are tender and crust is crisp and golden brown.

Serve warm topped with ice cream or whipped cream, if desired.

Makes 8 servings; 319 calories, 4 gm. protein, 43 gm. carbohydrate, 2 gm. fat, 23 mg. cholesterol, 376 mg. sodium, 4 gm. fiber each.

Cheese Crumble Topping: Combine 1/2 cup sifted flour, 1/4 teaspoon salt, 1/4 cup sugar, 1/2 cup (2 ounces) shredded sharp cheddar cheese and 1/4 cup butter, melted, until crumbly.

Recipes

Olives Chilandron

- 1/2 cup olive oil
- 1 large onion, cut in 1/2 inch strips
- 1 small red bell pepper cut in 1/2 inch strips
- 1 small green bell pepper, cut in 1/2 inch strips
- 1 clove garlic, minced
- 1 1/2 tsp. oregano leaves, crushed

- 1 1/2 tsp. thyme leaves, crushed
- 1 cup pitted ripe olives, halved
- 2 oz. smoked ham, cut in 1/2 inch strips (1/2 cup)
- 2 tsp. red wine vinegar

In 10-inch skillet over medium heat, in hot oil cook onion and peppers with garlic, oregano and thyme about 5 minutes or until vegetables are tender, stirring often.

Add olives and ham. Heat

through. Remove from heat. Stir in vinegar.

Spoon into serving bowl. Refrigerate, covered, until serving, at least 4 hours or overnight.

Makes 3 cups.

Serve chilled or at room temperature with sliced cheese.

Apple-side up

- 1/2 cup apple juice, chilled
- 1/2 cup milk, chilled

- 1 tsp. cinnamon
- 1 tsp. honey
- 1 egg

Combine apple juice, milk, cinnamon, honey and egg in shaker, blender or mixing bowl. Shake or beat to froth or blend well at low speed.

Pour into tall glass. Garnish with apple wedge. Serve immediately.

Makes 1 serving.

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Microwave top

By Betty S. Microwave

Italian cooked pasta restaurants are eating Italian. A microwave pier task microwave. A microwave of the velling many co. sauce sim. and big po. pasta.

Whether appetizer or main course, which you retain the tion, but appeal an. such the pasta eliminat. ing.

A recent conventional clean-up i. the waves cooking u. not bake often doe. Dishes, in. 1/2 rinse c.

An app. please an. retain the. fresh m. drain, the.

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To penet. so large. on the. rooms, u. minutes.

"Sprink. paymes. well. N. needed.

Microwave lasagna deserves top rating for Italian cuisine

By Betty Sorati
Microwave specialist

Italian food with its slow-cooked flavor is a favorite at restaurants in the St. Louis area. Eating Italian at home is a simple task with the help of a microwave oven.

A microwave cuts out the portion of the recipe — an overwhelming part of the recipe to many cooks — that calls for sauce simmering all day long and big pots messy from cooking pasta.

"Whether the choice is soup, appetizer or entree, a microwave offers a cooking method which produces flavorful and easy results. Vegetables not only retain their crispness and nutrition, but also offer more eye appeal and color. In some recipes, such as the lasagna below, the pasta cooks in the sauce, eliminating the need for precooking."

All recipes that require conventional baking offer easy clean-up in a microwave because the waves pass through the glass cooking utensils, so the food does not bake on or burn on as it often does in a regular oven. Dishes, in comparison, practically rinse clean.

An appetizer that is sure to please and easy to prepare is Garlic Mushrooms. Use 1 pound fresh mushroom caps. Wash, drain, then set them aside.

Place 1/2 cup butter and 1 clove garlic, minced, in a 2-quart glass baking dish. Cook on high in microwave oven 1 minute, until butter and garlic is cooked partially. Stir in 1/2 teaspoon ground oregano and 1/2 teaspoon ground basil.

Dip each mushroom in butter mixture to coat well. Place in single layer in baking dish. Mushrooms should be arranged so large ones are to outside of dish and small ones are in the middle. This allows microwaves to penetrate from the outside in, so larger foods always should be on the outer ring. Cook mushrooms, uncovered, on high 5 to 6 minutes.

Sprinkle with 1/2 cup grated parmesan cheese. Stir to coat well. No further cooking is needed. The cheese melts

because of the natural carry-over cooking of microwave-cooked foods. The mushrooms can be served in about 5 minutes.

Lasagna often awaits a company meal because of the time involved in preparing it. This lasagna recipe is easy enough to be used for a convenient family meal. It literally cooks unattended, turns off automatically according to the timing and the standing time can be extended if the cook is delayed getting back to toss the salad. It has all the good ingredients and flavor of conventional lasagna.

Micro-easy lasagna

- 1 lb. ground beef chuck
- 1/2 cup finely chopped onion
- 1 clove garlic, finely chopped
- 1/2 cup olive oil
- 1 (14 1/2 oz) can tomatoes
- 1 (6 oz) can tomato paste
- 1 tsp. salt
- 1 1/2 tsp. basil leaves
- 1/2 tsp. oregano
- 1/2 cup water
- 2 cups cottage cheese
- 1/2 cup plus 2 tbsp. parmesan cheese
- 1 egg
- 1 tsp. parsley flakes
- 8 uncooked lasagna noodles
- 2 cups (8 oz) shredded mozzarella cheese

Cook meat on high power 5 to 6 minutes until no longer pink. Drain.

Place onion, garlic and olive oil in small bowl. Cook, covered, on high 2 1/2 minutes. Add garlic and onion to cooked meat. Stir in undrained tomatoes, tomato paste, salt, basil, oregano and water. Cook, covered, 4 to 5 minutes until mixture boils.

MADE ON THE HILL IN ST. LOUIS.



Note: This mixture — without the water — can be used at this point as meat sauce for any pasta dish.

Combine cottage cheese, 1/4 cup parmesan cheese, egg and parsley. Mix well.

Pour 1 1/2 cups tomato sauce mixture into 12-by-8 inch glass dish. Spread evenly in dish. Place 4 uncooked noodles over sauce. Top with half the cottage cheese mixture. Sprinkle with half the mozzarella.

Spoon 1 cup sauce evenly over cheese. Place 4 more noodles on top. Top with layers of remaining cottage cheese mixture, mozzarella cheese and tomato sauce. Cover with plastic wrap. Cook on high 15 minutes, then at 50 percent power 15 to 20 minutes until noodles are tender. Remove plastic wrap. Sprinkle with 2 tablespoons parmesan. Cook on high, uncovered, about 2 minutes to melt cheese. Let stand about 10 minutes before serving. Makes 8 servings.

Quit smoking.



MADE ON THE HILL



Challenge of getting in shape moves body to physical action

By Jacqueline Linker
Registered dietitian
American Heart Association

Judging by the millions of people exercising regularly, looking good and feeling fit is a healthy movement that has moved into prime time in this country.

Americans are making positive changes in their lifestyles to stay in shape. Because all movements of the body require

food as a source of fuel, nutrition plays a vital role for physical fitness.

Unfortunately, many myths exist about the nutritional needs of physically active persons. Test your knowledge by rating the following as true or false:

- Active people require more protein to improve their ability to exercise.
- Exercise significantly increases an individual's vitamin and mineral requirements.

•Restricting fluid intake is a recommended practice during training.

•Salt tablets are beneficial for replacing sodium lost in sweat.

•A steak or large hamburger is a nutritious pre-game meal.

The answers are all false. If you marked any of them true, send for a free copy of "Nutrition for the Fitness Challenge" from the American Heart Association to set the record straight.



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By using the Brawny Giant Sweepstakes Official Rules and Instructions, you agree to the following terms and conditions:

1. Sweepstakes begins on October 1, 1989, and ends on October 31, 1989.

2. Sweepstakes is open to legal residents of the United States who are at least 18 years old at the time of registration.

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Poaching lets cook save time, tenderize less tender roasts



FLAVORFUL AND TENDER because of poaching, this easy beef chuck roast cooks in less time than many methods, doubling its economy.

Poaching is a centuries-old cooking method most commonly used to cook poultry, eggs and fish. Today's cook is discovering that this "old" method is a great timesaver when cooking beef roasts because it can reduce the time by as much as 60 percent.

This classic method of cooking is also a cost saver. Less tender cuts of meat such as beef chuck or cross rib roast are excellent candidates for poaching. The results are as flavorful, juicy and tender as a roast which has been prepared conventionally. Select a roast weighing about two pounds so it fits comfortably in a Dutch oven and does not require special equipment.

Begin by tying the roast and browning it in oil. This initial browning gives the roast the same attractive color achieved by more time-consuming roasting. Add the poaching liquid and gently simmer the roast, covered, until it reaches 140°. Use a rapid response thermometer for an immediate temperature reading. Remember that the temperature of the roast will rise about 10 degrees while standing after poaching.

Beef broth, burgundy wine and Italian seasonings combine for a flavorful poaching liquid. This liquid can be strained easily and used as a base for a simple sauce such as Peppered Sauce. Serve this peppery sauce with the sliced roast beef for a simple yet special family meal.

There is further life for the remaining poaching liquid, too. Use it as a base for a quickly prepared second meal of Speedy Beef Soup. Cook pasta and vegetables in the seasoned liquid. Strips of thinly cut tip steaks, added at the last minute, cook in the liquid after removing it from the heat.

Two quick meals from one roast make the poaching cooking method one that is sure to be popular with today's cost- and time-conscious cooks.

Poached beef chuck roast

2½ lb. boneless beef chuck or rib roast

Death is forever.

Heart disease doesn't have to be.

- 2 tbsp. oil
- 4 cups water
- 1 can (10½ oz.) beef broth
- 1 cup burgundy wine
- 2 cloves garlic, minced
- 1 tsp. Italian seasoning
- 4 black peppercorns

Peppered Sauce

Tie roast with heavy string at 2-inch intervals. Brown in oil in Dutch oven over medium-high heat until all sides are browned. Pour off drippings.

Add water, beef broth, wine, garlic, Italian seasoning and peppercorns. Bring to boil. Reduce heat to low. Simmer, covered, 20 to 24 minutes per pound until temperature reaches 140°.

Remove roast to serving platter. Cover tightly with plastic wrap or aluminum foil and allow to stand 10 minutes before carving. During standing, roast will rise about 10 degrees in temperature to 150° for medium-rare. Remove string.

Meanwhile, use 1 cup poaching liquid to prepare Peppered Sauce and reserve remaining liquid to make Speedy Tip Steak Soup.

Carve roast in thin slices. Serve with Peppered Sauce.

Peppered sauce

- 2 tsp. cornstarch
- 1 cup beef poaching liquid, strained
- 1 bay leaf
- ¼ tsp. coarsely ground black pepper

Dissolve cornstarch in 1 tablespoon poaching liquid. Combine cornstarch mixture, remaining poaching liquid, bay leaf and pepper. Cook and stir over medium heat until clear and slightly thickened, about 3 to 5 minutes. Remove bay leaf.

Yields ¾ cup; 6 calories, 14 gm. protein, 23 gm. fat, 76 gm. carbohydrate, 37 mg. sodium, no cholesterol per 4-teaspoon serving.

Speedy beef soup

- 1 lb. thinly cut beef tip steaks, cut in 4-by-½ inch strips
- 5 cups beef poaching liquid, strained
- ¼ tsp. salt

- ¾ cup rotelle or wheel-shaped pasta
- 2 cups frozen mixed vegetables

Bring poaching liquid to boil in Dutch oven. Add pasta and salt. Return to boil. Simmer, covered, 5 minutes.

Add vegetables. Return to boil. Simmer, covered, 5 minutes or until pasta and vegetables are tender.

Remove from heat. Add meat. Let stand, covered, 5 minutes. Makes 4 servings. 319 calories.

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Lodge's lake life provides idyllic seasons for chef

By Janice Denham
Food editor

With the turning autumn leaves came a desire to spend one last weekend admiring the colorful woods reflecting on the water—particularly when the water is at Lake of the Ozarks. When even this short ride is impossible, enjoy the "Silver Anniversary Cookbook" of the Lodge of the Four Seasons at Lake Ozark with its celebrated chef, Andre Torres.

The cookbook, available at most local book stores now, proves that Torres, 40 years at the resort development, have been a delicious and fruitful relationship. The showpiece of the five restaurants at the lodge, the Toledo Room, has received the Mobil four-star rating ever since he came on the scene. One of his next goals is to pluck a five-star rating.

Torres' pots and pans have traveled with him all over the world. Born in Algeria, he came to this quiet Missouri Ozark nook after serving as executive chef at the New Otani Hotel in Tokyo, the New Otani Hotel in Los Angeles and the Intercontinental Hotel in Nairobi.

"When I came here in the middle of Missouri, most people ate steak and potatoes. At the beginning it was really difficult for me. Thanks to Mr. (Harold) Koplar, we both liked to try new things, and little by little people have more and more and more diversity."

Koplar developed the lodge. In St. Louis he was known for his association with KPLR-TV (Channel 11) and the Chase-Park Plaza Hotel. Since he died in 1985, his daughter Susan and her husband, Peter Brown, have teamed to take the resort into its next dream stage.

To celebrate the lodge's 25 years of hospitality, Susan came up with the idea of gathering favorite recipes of Torres and his patrons into a book.

"Twice a year we have cooking classes here, one every week for four weeks in the spring and in the fall," Torres says. "Some of the recipes are from these cooking classes that we created for the ladies and gentlemen. He believes in learning from every cooking and eating situation."

"I always tell my groups that if you don't create new things,

you are always making one step back. There is always more to be learned. We are always on the move. In France we say there is always a chef in every person. It doesn't matter where you come from, countryside as well as the city."

He adds, "Always be objective and always learn. Even in a very bad restaurant you will learn what to do." Torres doesn't sit very often at the dock waiting for fish to catch his bait. He enthusiastically participates in competitions where he claims to learn a lot from fellow chefs. Of course, they probably learn from him, too. Last year he headed a team which won one gold and five silver medals at the International Culinary Olympics in West Germany.

Besides trying to find an audience to curl up with a good cookbook, he is in the midst of one of the busiest periods at the lodge with large groups. He enjoys the challenge of providing dinners for those who appreciate his expertise. At a recent gourmet event he offered consommé with fresh truffles, lobster with crayfish sauce, bobwhite quail with juniper sauce, apple sherbet, Boston and bibb lettuce with lemon vinaigrette and strawberry flambe with petit fours for dessert.

"It is wonderful to hear someone say they went to Paris or New York and their meal here was better. Any chef would like to hear that," he admits.

Only the lodge itself offered fresh vegetables when he first came. Now all the restaurants, including the banquets, serve only fresh.

Torres sees the "fresh" trend continuing, with the use of slow-cooking and sealed packaging to preserve shelf freshness in many foods. He would like to be in on the first stages of offering gourmet foods that home cooks can recreate easily.

After a long day of providing food for hundreds of guests at the Lodge of the Four Seasons, what does his executive chef eat at home?

Torres eats a lot of vegetables. His wife is vegetarian and usually cooks in the family kitchen. When he goes beyond that, his favorite is fish, usually grilled, or game, or a simply roasted chicken, and a good

steak once a week.

His heartiest laugh comes with a confession. "I have a sweet tooth. Dessert is my death. I have to have some sweets, no matter how much I've eaten."

For a simple and seasonal way to indulge that sweet tooth, try this Apple Tarte from the anniversary cookbook, which is available at book stores and at the lodge gift shop for \$12.95. It also can be bought conveniently by mail for \$14.50 from Lodge of the Four Seasons, Silver Anniversary Cookbook, P.O. Box 215, Four Seasons, Mo. 65049, or by ordering with a credit card on toll-free 800-THE-LAKE. Mail delivery will take about two weeks.

Apple tarte

- 4 apples
- Juice of 1 lemon
- 1/2 cup water
- 1/2 cup flour
- 1/2 cup sugar
- 1/2 cup unsalted butter
- About 12 oz. to 1 lb. puff pastry

Peel apples and remove core. Cut in half, then in wedges 1/4-inch thick. Keep them in 1/2 cup water with lemon juice. Cut puff pastry in four pieces. Sprinkle flour on table. Flatten pastry to make four round pieces of dough about 7 inches in diameter and 1/8-inch thick.

Put pastry on baking sheet. With paring knife, make incision 1/2 inch from border of each piece of dough to make circle (not too deep). This permits dough to form border while baking.

Arrange apples in circle on each pie. Put half the butter in small pieces on top of apples, then sprinkle with sugar. Bake at 350° for 30 minutes.

If desired, sprinkle with confectioner's sugar after baking, then put under broiler to caramelize sugar. Goes very well with Cream Chantilly.

Cream Chantilly: Put 1 pint heavy cream, which is very cold, in chilled bowl. Whip about 3 minutes until it doubles in volume and clings to beater in big pieces. Slowly fold in 1 1/2 ounces confectioner's sugar and 1 teaspoon vanilla. This keeps 1 day in refrigerator.

Social notes

Information regarding social events are welcomed by the Press-Record/Journal. We welcome club news; news of weddings, engagements, anniversaries; news that deals with the milestones in your life. Print or type a double-spaced "news article" and send it to Dennis Grubaugh.

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To pare precious moments off another day's cooking time, shred extra cheese. Just seal it tightly in a clear plastic bag in a refrigerator two weeks or in a freezer up to six months. Another alternative is to buy it shredded at the store.

Autumn pasta with smoked cheese

- 1/2 cup butter
- 1 1/2 cups broccoli flowerets
- 1 cup freshly sliced mushrooms
- 3/4 cup julienne-cut raw sweet potato
- 2 tbsp. chopped shallots
- 2 tbsp. chopped fresh or 1 tsp. dried oregano

- 1 cup whipping cream
- 1/2 cup sliced green onion
- 8 fresh leaves or 5 tsp. dried basil
- 2 tsp. chopped fresh or 1 tsp. dried oregano
- 1 tsp. pepper
- Pinch garlic powder
- 1 cup (4 oz.) shredded provolone cheese
- 8 oz. sliced turkey-ham
- 2 eggs, well beaten
- 1 cup dried french bread crumbs
- 2 tsp. butter
- Shredded provolone cheese, if desired

Melt butter in large skillet. Add broccoli, mushrooms, sweet potato, shallots and oregano. Sauté until vegetables are tender-crisp, about 8 minutes.

Stir in cream and pepper. Bring to simmering point. Reduce cream slightly, stirring constantly. Cream should cling to vegetables.

Cook pasta according to package directions. Rinse. Drain. Add cooked pasta to vegetable mixture. Toss gently to combine. Stir in red peppers. Sprinkle cheese and walnuts on top. Serve immediately.

Makes 6 servings; 510 calories, 15 gm. protein, 34 gm. fat, 38 gm. carbohydrate each.

Zesty ham roll-ups

10 oz. chopped fresh spinach or 1

- pkg. (10 oz.) frozen chopped spinach, thawed, well drained
- 1/2 cup sliced green onion
- 8 fresh leaves or 5 tsp. dried basil
- 2 tsp. chopped fresh or 1 tsp. dried oregano
- 1 tsp. pepper
- Pinch garlic powder
- 1 cup (4 oz.) shredded provolone cheese
- 8 oz. sliced turkey-ham
- 2 eggs, well beaten
- 1 cup dried french bread crumbs
- 2 tsp. butter
- Shredded provolone cheese, if desired

Place spinach, onion, basil, oregano, pepper and garlic powder in food processor or blender. Cover and process until finely chopped.

Remove spinach mixture. Stir

in 1 cup cheese. For each roll-up, use 2 or 3 slices turkey-ham, depending on how thinly sliced.

Place 2 scant tablespoons filling in center of meat. Fold in along sides toward center. Roll up to form pocket. Secure with wooden pick. Dip pocket in beaten eggs, then roll in bread crumbs.

Melt butter in large oven-safe skillet. Brown roll-ups on both sides.

Place skillet in oven. Bake 15 minutes at 350° or until roll-ups are heated through. Sprinkle with additional cheese before serving.

Makes 4 servings; 406 calories, 27 gm. protein, 25 gm. fat, 19 gm. carbohydrate each.



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Hearty, versatile, earthy potato wins prize in fat-free contest

Potatoes continue to be America's favorite vegetable. They are economical. They are available all year long. They are versatile enough to be served several times a week and not become monotonous.

Best of all, they are nutritional powerhouses, providing lots of vitamin C, as well as significant amounts of potassium, fiber and other nutrients.

Potatoes finally are beginning to overcome their undeserved reputation as a high-fat food. In fact, they are virtually fat-free and are an excellent source of complex carbohydrate — foods that should make up 65 percent of American diets. The National Research Council's latest report on diet and health recommends consuming six or more servings each day of complex carbohydrate as a dietary means of reducing the risk of chronic diseases.

Warm, rich potato dishes are extremely popular in cool-weather

months. There is no need, however, to spoil a potato's natural nutritional benefits by adding the excessive amounts of fat called for in many recipes.

Potatoes are naturally flavorful, so the amount of fat added can be reduced without spoiling the delicious flavor of favorite potato dishes. Try replacing whole milk with skim, limiting the amount of high-fat cheeses, substituting low-fat yogurt for sour cream, and experimenting with herbs and spices for added flavor.

The following recipe is a delicious example of how the addition of other foods and flavorings can eliminate the need for butter or margarine on potatoes. The name of this German dish means "Heaven and Earth," which refers to the ingredients from the air (apples on trees) and the earth (potatoes and onions).

Himmel und erde

- 3 medium baking potatoes, cut in 1 inch pieces
- 1 medium onion, chopped
- 1 cup cold water
- 2 tart apples (such as Granny Smith or Jonathan)
- 1 tsp. cider vinegar
- 1/2 tsp. freshly ground pepper
- 1 tsp. grated lemon rind, if desired

Scrub potatoes. Cut in 1/2-inch slices. Place in saucepan with onion and water. Simmer 10 minutes.

Peel and core apples, then cut in quarters. Add apples to saucepan. Cook 10 minutes more, then drain. Add vinegar, pepper and lemon rind, stirring to blend.

Yields about 4 servings, 3/4 to 1 cup each, 117 calories and no fat per cupful.

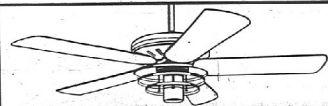
Registered dietitian Karen Collins reviews this material for the American Institute for Cancer Research in Washington, D.C.



GOODNESS OF HEAVEN (apples on tree) and earth (potatoes and onions) make hearty and economical German dish.

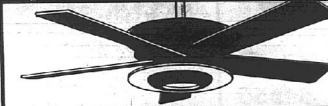
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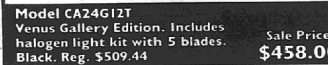
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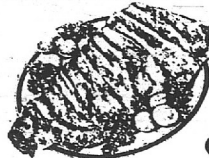
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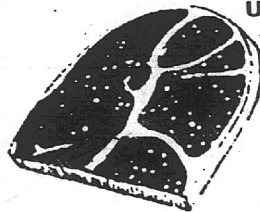


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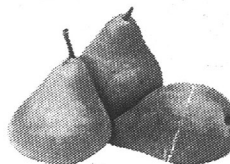


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PRAIRIE FARMS**

MILK

Half Gallon Carton

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CALIFORNIA
**SNO WHITE
CAULIFLOWER**
Head **\$1.19**

FRESH CRISP
**GREEN
CABBAGE**
5 lbs. **99¢**

U.S. NO. 1
**RED
POTATOES**
10-lb. Bag **\$1.99**

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PEARS**
2 lbs. **99¢**



Jumbo Roll
**BI-RITE
TOWELS**
3 for **\$1.00**



25-lb. Bag
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LITTER**
BUT ONE — GET ONE
FREE

**LIQUID
ALL**
64-oz. Btl. **\$2.79**

**BI-RITE
SALTINE
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16-oz. Box **59¢**

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MOSTACCIOLI**
16-oz. Box **69¢**

**MINUTE MAID
ORANGE
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64-oz. Ctn. **\$1.79**

**TOMBSTONE
DOUBLE TOP
PIZZA**
29.5-oz. Pkg. **\$4.69**

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(Certain ads must be pre-paid)

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SUN. PRESS-RECORD/JOURNAL..... THURS. 3 P.M.
WED. JOURNAL..... FRI. 3 P.M.
THURS. PRESS-RECORD..... TUES. 3 P.M.

OFFICE HOURS: 8:30 A.M. 'TIL 5:00 P.M., MON.-FRI.

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This newspaper will not knowingly accept any advertising for real estate which is in violation of the law. Our readers are informed that all dwellings advertised in this newspaper are available on an equal opportunity basis.

To complain of discrimination call HUD toll free at: 1-800-424-8590.

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•NOTICES 400-500
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•RENTALS 2600-2710

Auto for Sale 10 Auto for Sale 10 Auto for Sale 10 Auto for Sale 10 Auto for Sale 10

MR. WARNER SAYS, "YES! YES I WILL!"

1989 year end close-out sale
UP TO \$1250 REBATE
OR 6.9% APR ON SELECTED MODELS

'89 GRAND AM **\$9999**
PONTIAC'S HOTTEST SELLER



'89 BONNEVILLE **\$13,499**
FULL SIZE BONNEVILLE WITH REAR DEFROSTER, AIR CONDITIONING, TILT STEERING, GLASS WIPERS, LAMP GROUP, POWER STEERING & POWER BRAKES. *INCLUDES ALL FACTORY INCENTIVES & 1st TIME BUYER'S PROGRAM IF APPLICABLE.



S-15 PICK-UPS
LIST \$15,197
DISC. & REBATE \$11,197
\$4095



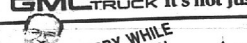
S-15 EXT CAB 4x4 CONVERSION PICK-UPS
LIST \$20,178 DISC. & REBATE \$3,593
\$16,595



1989 S-15 JIMMY 4x4 **\$14,449**
STK. #800272



GMC TRUCK It's not just a truck anymore.
ALL PRICES INC. REBATE



Warner
9001 W. FLORISSANT AVE.
2 1/2 MILES SOUTH OF I-270
314-522-8000



KOETTING FORD'S PRE-OWNED CAR & TRUCK SUPER SALE

Due to the tremendous success of our 1989 New Car and Truck Closeout Sale we are loaded with Used Cars and Trucks — Look at these SALE PRICED examples. Save Big!

'83 PLYMOUTH TURISMO 2.2
4 cylinder, 5 speed, air conditioning, stereo cassette, rear defroster
\$2290

'84 NISSAN SENTRA XE CPE
(STK. #1411-A)
4 cylinder, 5 speed, power steering and brakes, AM/FM stereo, air.
\$2990

'84 CHEVETTE 4-DOOR H.B.
4 cylinder, 4 speed, AM/FM stereo, louvers, 49,XXX miles.
\$2990

'85 ESCORT 2-DOOR H.B.
4 cylinder, automatic, air, power steering and brakes, "sunroof," AM/FM cassette.
\$3790

'85 ESCORT WAGON (RED)
4 cylinder, 5 speed, air, power steering and brakes, "runs great."
\$3790

'85 RANGER "S" PICKUP
4 cylinder, AM/FM stereo cassette.
\$3790

'84 LTD STATION WAGON
6 cylinder, auto., air, power steering and brakes, cruise control, AM radio.
\$3990

'84 FORD TEMPO GL
4 cylinder, cruise control, air conditioned, AM/FM radio.
\$3990

'85 ESCORT WAGON (WHITE)
Automatic, air, power steering and brakes, rear defroster, AM/FM cassette.
\$4790

'85 TEMPO G.L. 4-DR. (BLACK)
4 cylinder, automatic, air, power steering and brakes, AM/FM stereo, only 38,XXX miles.
\$4790

'84 TOYOTA CAMRY 4-DR.
4 cylinder, 5 speed, air, power steering and brakes, "good condition."
\$4990

'85 CAMARO SPORT COUPE
V8, automatic, air conditioning, stereo cassette, louvers and more. "Only 39,XXX miles."
\$5990

KOETTING FORD, INC.
ON THE MOVE FOR TODAY AND TOMORROW
A FULL SERVICE DEALER
•SALES •PARTS
•LEASING •SERVICE
•COMPLETE BODY REPAIR FACILITIES

1837 MADISON AVE.
DOWNTOWN GRANITE CITY
(618) 452-5400
(314) 867-9219



UP TO \$5000 CASH BACK

'89 XT GL
STK. #71
LIST \$15,817
SALE PRICE **\$10,817**

'90 LEGACY 4-DR.
5-SPO. 1.6L 4-CYL. 16V
STK. #34
LIST \$10,999
SALE PRICE **\$10,999**

'89 LOYALE WGN. 4X4
S-P. 5-CYL. 1.6L 4-CYL. 16V
STK. #35
LIST \$11,684
SALE PRICE **\$11,684**

'89 GL ECVT
F.W.D. AUTO. 1.6L 4-CYL. 16V
STK. #36
LIST \$6,994
SALE PRICE **\$6,994**

SEVERAL LEGACY LS'S NOW IN STOCK

NORTHGATE SUBARU/PEUGEOT
15 MIN. NORTH
KING DODGE INC.
WE BUY YOUR TRADE



KING DODGE, Inc.
For All Its Automotive Needs

NEW 1990 DAKOTA
AS LOW AS **\$7595**
Std. Equipment
S Series



DAKOTA S/4X2 BASE
3100 S. King Highway (at I-270)
832-7200

BEFORE BUYING WHY NOT COMPARE QUALITY

'78 Dodge Aspen.....	\$1695
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'82 Chev. Cavalier.....	\$1795
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'81 Ford Futura Coupe.....	\$1895
'85 Alliance Coupe.....	\$1995
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'83 Dodge 600 4 Dr.....	\$2595
'82 Chev. Caprice.....	\$2795
'84 Chev. Cavalier T-10.....	\$2895
'84 Chev. Caprice.....	\$3995

1981 CHEV. CAPRICE COUPE
90,000 miles, automatic, power steering and brakes, air, tilt, cruise
\$1995

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—Free-Owner Automobiles—
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Donate Your Car to the Cancer Cause
For Complete Information Call 1-877-9730 or 1-800-ACS-2345 Toll Free.



Beat High Prices

With our safety-tested used cars.

85 LINCOLN MARK VII LOW MILES, LOADED WAS \$11,995 IS \$10,995	85 HONDA CRX, 1.5 LOW MI, AIR, SUNROOF WAS \$6500 IS \$5500
86 LINCOLN LSC LOW MILES, LOADED, READY TO GO WAS \$12,995 IS \$11,995	86 VW JETTA 5 SPD, AIR, AM/FM CASSETTE WAS \$6995 IS \$6295
87 MAZDA B2000 EXTENDED CAB, GREY, 5 SPD. WAS \$2995 IS \$4995	88 HONDA ACCORD 4 DR. LX 5 SPD, AIR, P/S, SUNROOF WAS \$11,995 IS \$10,795
84 TOYOTA VAN WHITE, AUTOMATIC, AIR WAS \$7995 IS \$6995	86 TOYOTA COROLLA 5 SPEED, AIR, AM/FM, 46,000 miles. WAS \$7995 IS \$6995
85 CADILLAC SEVILLE WHITE ON WHITE, LOW MILES, LOADED, BEAUTIFUL CAR WAS \$13,995 IS \$12,995	VOLVO WAGON LOW MILES WAS \$7995 IS \$7495

NORTHGATE Mazda
NORTH COUNTY'S LARGEST IMPORT DEALERSHIP

HWY. 367 & I-270
1/2 Mile N. of I-270
741-0110

1990 CHEVYS ARE HERE!

SEE AND DRIVE THE NEW MODELS NOW
BIG CASH BACK SPECIALS

ON
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★ CORSICA ★
★ PRISM ★
★ S-10 PICKUP ★
★ S10 BLAZER ★

USED CAR & TRUCK CLEARANCE SALE!
100 TO CHOOSE FROM ... OUR BEST SELECTION EVER.

ALBRECHT HAMLIN
WOOD RIVER Illinois 62451 PH. 259-4500

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Power windows, power locks, power seat, tilt seat, rear defroster, 3400 miles.

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CHEAPWAY SALVAGE
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EAST ST. LOUIS, IL
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Loaded, 40,000 miles, \$15,995. Call for details. 731-7971.
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Auto, power, 58,000 miles, \$19,995. Call for details. 731-7971.
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Loaded, 40,000 miles, \$15,995. Call for details. 731-7971.
★ 88 PONTIAC TRANS AM
43,000 miles, \$20,995. Call for details. 731-7971.
★ 88 REGENCY BRIM
Loaded with equipment, 32,000 miles, \$21,995. Call for details. 731-7971.
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17,700 miles, Auto AC, \$17,995. Call for details. 731-7971.
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GRANITE CITY, IL

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QUALIFY

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NOW 931-0300

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YOUR FUTURE HOLDS


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7 W. CHAIN OF ROCKS
GRANITE CITY, IL 62040
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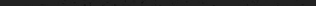
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SALE AUCTION
Where You Get
The Best Value For Your Money
THE AUCTIONEER
OF ALICE VALENTI
1000 Greenwood, Collinsville
63603
10 A.M. SALE
Directions: St. Louis Rd. 3 miles
S. EAST SIDE OF I-55 AND HOUSE
SALES TO BE OFFERED AT
from house w/4 bathrooms
gymroom, 3 car garage & w
pool. Call Alice Valentini
636-688-1100. 3000
ITEMS: By appt. 344-6
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SALES SERVICE

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EOE M/F/V/H JCPen



for every corner.
 on display. Large
 of ceiling fans,
 central air conditioning
 distributor and
 of concrete work.
 ventilation, 8-
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 S's Renovating &
 EVERYTHING
 outside your home.
 of concrete work.
 1480
 EXPERIENCED IN
 in, looking for work.
 337-6072.

Sat-Saturday, 2430 Deimar,
 Granville City.
 62040 HOUSEHOLD ITEMS.
 Thurs, Fri, & Sat. 2008 Jensen Ave.
 63040 House, Garage Sale,
 2512 Deen, Saturday, October 14, 8-11am. Books, clothes and
 more.
 63040 LARGE YARD sale, Fri-
 day 8-11 am, Saturday from
 noon. Many, many items,
 refrigerator, microwave, etc.
 2500 S. 10th St. Come see. 2604
 337-6072.

Hoover vac; Xerox; 21000
 mowers (like new); lawn grins,
 tools, kitchen, household, gl
 items plus much more! AUCT
 An exceptionally clean Modis
 Plan to attend.
 63040 Central Bank, 630
 Estate of Marie Whyers.

KOHL
 1480
 EXPERIENCED IN
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 337-6072.

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'In Country' actress remembers good times, career high points

Actress Peggy Rea knocked back a beaker of Absolut on the rocks, munched a turkey on rye and eyed a dessert tray crammed with gooey cake.

"I've hit five cities in five days and I'm wore out," the hefty 68-year-old Rea said. "Just call me the Willie Loman of PR (public relations)," she chortled, alluding to the harried peddler in playwright Arthur Miller's classic, "Death Of A Salesman."

"I'm just bopping around hawking my wares — now isn't that a sorry thing for an actress to be doing?"

Well, not really, when you check out the merchandise: director Norman Jewison's trenchant film, "In Country," which focuses on a family struggling to heal the festering psychological wounds of Vietnam.

Rea plays an effervescent rural grandmother in the film that stars Bruce Willis as a cynical, reclusive ex-GI.

Veteran actress Rea has been in a flock of films and several television series, but she's best-known for two Broadway roles — the irrepressible Lulu Hogg on "The Dukes of Hazard" and placid Rose in "The Waltons."

These days work in film and television keeps her hopping. But it was the role of Broadway's secretary's job with legendary MGM musical producer Arthur Freed in 1941 she went to New York for roles in Cole Porter's Broadway hit "Out Of This World"



Frank Hunter

and landed stints in "Lend A Ear" and "Merton Of The Movies." A national tour in Tennessee Williams' "A Streetcar Named Desire" brought Rea to St. Louis' American Theater in 1948.

"Anthony Quinn played Stanley Kowalski and Judith Evelyn was Blanche," Rea recalled. "I didn't have the guts to try out for Stella and wound up playing Eunice. I sure do remember St. Louis. Tennessee's mother and brother, Dakin, threw an opening-night cast party that lasted until dawn."

The switch from stenographer to actress was simple for the Los Angeles native. "I just ran away and went on the stage," she said with a laugh. "I didn't want to be in the movies. Kids at Beverly Hills High School in the early 1940s believed that 'the New York theatre' was the place to be."

"On this promotional tour I've searched for theaters I've played, but most of them are gone. When all the places you've loved have been torn down, it gives you a twinge."

"One of my really antique

actress friends says 'the thing about getting old is not to fear it. If you're cowed by age, you're already dead.'

"That gal is sittin' in her marvelous Cleveland house alone at 97 with her dog and cat. Toughest, smartest woman I've ever known. She aims to die in her own bed but doesn't worry about when."

Reviews for "In Country" have been mixed to good, and Rea insisted, "It's not for sophisticated New York and Hollywood audiences. It's a heartland movie."

English actress Emily Lloyd, most recently seen in the film "Cookie," plays Rea's teen-age granddaughter, whose father was killed in Vietnam before she was born.

"I came to love that little girl," Rea said. "She's pretty and adaptable, has the southern accent down cold and really concentrates on the work."

Rea doesn't have any hobbies other than trying to get her Los Angeles house in order.

Scenes of Rea's visit to the Vietnam Memorial Wall actually were filmed in Paducah, Ky. The incredibly realistic replica was designed and built there by the same man who constructed the monument in Washington, D.C.

Speaking of monuments, Rea said Paducah's venerable Irvin S. Cobb Hotel, named for the celebrated American humorist, journalist and short-story writer who died in 1944, now is a retirement center.

"Cobb lived in a Brentwood mansion near ... (in Los Angeles) and was pretty dotty in



PEGGY REA, center, is flanked by Bruce Willis, left, and Emily Lloyd during a visit to the Vietnam Veterans' Memorial in the film "In Country."

his last years. He used to sit on a lawn chair near the curb telling people he was 'the Duke of Paducah' and declaring that 'the only person who can sing "The Star Spangled Banner" is a kid whose voice is changing.'"

"He was fond of telling people 'the day I (Cobb) was born a meteor hit the earth. And when I die, another one will hit it and I

want that one for my grave stone."

"While I was filming in Paducah, I met the late vice president Alben Barkley's granddaughter, Dotie, who took me out to see Cobb's grave," Rea said. "Sure enough, there's a big ugly pockmarked headstone that looks like a meteorite. All it says is 'Irvin S. Cobb — Back Home.'"



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BARGAIN HUNTING??
Try the Classifieds!

WEDNESDAY NIGHT

BINGO

NAMEOKI BINGO HALL
GRANITE CITY, ILLINOIS
DISABLED AMERICAN
VETERANS AUXILIARY
QUAD CITY 833 • LIC. 825727

877-7771
3-500 GAMES • \$3250 PAYOUT
1-8 Cards \$1.00 ea.
After 8 Cards 2 FREE

FISH FRY
V.F.W. 1300 AUXILIARY
2044 WASHINGTON AVE.
WE ARE BACK
FISH FRY EVERY FRIDAY
OCT. 13 THRU NOV. 17
11:00 A.M. to 7:00 P.M.
Cod, Catfish, Buffalo and Shrimp Plates
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HEN HOUSE
1250 E. CHAIN ROCKS RD.
I-270 / RT. 111
MITCHELL, ILL.
931-5210

Family Restaurants
DAILY SPECIALS

WED. CHILE MAC.	\$3.99
THURS. CHICKEN & NOODLES	\$3.99
FRI. ALL-YOU-CAN-EAT ALASKAN WHITE FISH	\$5.99
SAT. SWISS STEAK	\$4.99
SUN. PORK ROAST W/ DRESSING	\$4.99
MON. HAM & BEANS W/ CORN BREAD	\$3.99
TUES. CHICKEN LIVERS	\$3.99

COUPON
BUY ONE ENTREE—GET ONE FREE (OF EQUAL VALUE)
(Not Valid With All-You-Can-Eat)
And Daily Specials
EXPIRES OCT. 17, 1989

10-PC. SPECIAL \$9.99
10 pieces of Famous Recipe or Crispy Plus Chicken (mixed), 2 pieces of vegetables or salads and 4 biscuits.
NO COUPON REQUIRED—OFFER GOOD EVERY DAY

Lee's COUNTRY CHICKEN™

COUPON 15-PIECE BUCKET \$9.49 Plus Tax Offer expires 11/1/89 Your Choice: 15 Pieces of Famous Recipe or Crispy Plus Chicken (mixed), 2 individual servings of vegetables or salads and a biscuit. Limit 4. Not valid with any other offer or discount.	COUPON CHICKEN DINNER \$2.99 Plus Tax Offer expires 11/1/89 Your Choice: 3 pieces of Famous Recipe or Crispy Plus Chicken (mixed), 2 individual servings of vegetables or salads and a biscuit. Limit 4. Not valid with any other offer or discount.	COUPON FEED 4 FOR \$7.49 Plus Tax Offer expires 11/1/89 Your Choice: 8 Pieces of Famous Recipe or Crispy Plus Chicken (mixed), 1 pint Mashed Potatoes, 12-pint Gravy, 4 Biscuits. Limit 4. Not valid with any other offer or discount.
COUPON 12-PIECE PACK \$10.99 Plus Tax Offer expires 11/1/89 Your Choice: 12 pieces of Famous Recipe or Crispy Plus Chicken (mixed), 2 pieces of vegetables or salads and 6 biscuits. Limit 4. Not valid with any other offer or discount.	COUPON 1/2 ROAST CHICKEN DINNER \$3.29 Plus Tax Offer expires 11/1/89 Dinner includes 1/2 roast chicken (leg & breast quarter), your choice of 2 vegetable or salad servings, country style rice, one buttered biscuit. Limit 4. Not valid with any other offer or discount.	COUPON YOUR CHOICE WING DINNER \$2.39 Plus Tax Offer expires 11/1/89 Your Choice: 7 Pcs WING DINNER. Limit 4 per coupon. Not valid with any other offer or discount.

ST. LOUIS: 5023 Natural Bridge Road, 3440 South Kingshighway, 2829 South Jefferson
ELLSVILLE: 18022 Manchester Road, 2825 North Highway 87
ST. ANN: 10448 St. Charles Rock Road, 3516 N. Main St., 829 Jettico Blvd.

STS. CYRIL & METHODY EASTERN ORTHODOX CHURCH
4770 MARYVILLE RD., GRANITE CITY
MONTHLY FISH FRY
Featuring:
ICELANDIC COD AND FARM RAISED CATFISH
DINNERS ... \$3.75 (Include Dessert, Coffee or Ice Tea)
SANDWICHES ... \$2.50
CARRYOUTS AVAILABLE
FRIDAY, OCT. 13 — 4 to 8 P.M.

ERVAY'S NIGHT SPOT & LOUNGE
2220 PONTON RD. 879-3301
LIVE ENTERTAINMENT 3 TIMES A WEEK
WED. 9 P.M.-1 A.M. FRI. & SAT. 10 P.M.-2 A.M.
APPETIZERS MONDAY-FRIDAY 3 P.M.-6 P.M.
APPEARING THIS WEEK
"JIM & DAVE"
DATES TO REMEMBER
OCT. 27 — HALLOWEEN PARTY
(PRIZES FOR BEST COSTUME PLUS OTHER SURPRISES)

NAMEOKI
1501 N. MAIN ST. 877-6630
TURNER AND HOCH
Nightly at 7:00 p.m. PG
STARTS FRIDAY!
Steve Martin • Rick Moranis
PARENTHOOD
PG-13
Friday & Saturday 7 p.m. & 9:30 p.m.
Sunday thru Thursday 7 p.m.
Saturday & Sunday matinee 2 p.m.

PawPaw's Catfish
808 N. 110 W. 877-1497
CATTISH • SEA FOOD
STEAK • CHICKEN
CATTISH LUNCH SPECIAL \$3.50
ALL YOU CAN EAT HUSH PUPPIES W/ ALL MEALS • CHOLESTEROL FREE
Book Now For Holiday Parties • Up To 500 People
CARRY OUTS AVAILABLE 877-1497
SUN-THURS 11:10 FRI-SAT 11:11

TED DREWES
Frozen Custard
CHIPPEWA STORE OPEN THRU DECEMBER, 7 DAYS A WEEK, 11 A.M. - TILL AT LEAST 11 P.M.
Ted Drewes is Available at All National Food Stores.
60th Anniversary Treat 25¢ Cones
BOTH STORES OPEN FOR CHRISTMAS TREES IN EARLY DECEMBER.
4224 S. GRAND OR 6726 CHIPPEWA

TREE RIPENED APPLES
• Jonathan
• Spartan
• Red & Golden
Delicious
PIE KITCHEN IS NOW OPEN
MILLS APPLE FARM
BETWEEN MARINE & GRANTFORD, ILL.
PHONE 887-4732
DAILY 9:00-5:30 Come V.I.L.L.A.!!

AMVET POST #204 AUXILIARY
BENEFIT DANCE FOR CHILD WELFARE
SATURDAY, OCT. 14, 1989
7:30 P.M. to 12:30 A.M.
\$10.00 PERSON
Includes Chicken, Beer and Set-ups
MUSIC BY: "B STREET EXPRESS"
1711 Kennedy Dr., Madison, Illinois

Granite City's Only Authentic Mexican Restaurant •
1/2 PRICE SALE
LUNCH SPECIAL!
ALL FOOD ITEMS 1/2 PRICE FROM THE REGULAR MENU (Excluding Beverages)
DINE-IN ONLY (11-2 P.M.) (With Coupon) EXPIRES 10/10/89
Enjoy your favorite Mexican Specialties
In Our Fine Dining Atmosphere
• BURRITOS • CHILI RELLENO'S • CHICKEN MOLE
• TACOS • ENCHILADAS • TAMALES AND MORE
Cocina de GARCIA
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